

ANNUAL NARRATIVE REPORT

YUMA COUNTY

December 1, 1946 - December 1, 1947

AGRICULTURAL EXTENSION SERVICE

Miss Mariel Hopkins
Home Demonstration Agent

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of
Miss Mariel Hopkins
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Yuma County

C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

Adult Work

Eight Home Demonstration Clubs have held eighty three meetings during the year with a total attendance of eleven hundred and sixty two. Of these meetings, fifty six were attended by the Agent and had a total attendance of eight hundred and twenty eight. The remaining twenty seven meetings were conducted by local leaders.

This shows an increase of meetings attended by the Agent than in previous year. This came about because of direct requests from the clubs in question. However, it has been necessary to devote less than half of the Agent's time to adult work because of an expanding 4-H club program. During the year 1945, one hundred and sixty six days were devoted to adult work; during the year 1946, one hundred and one days were devoted to adult work; during the present year one hundred and thirty four days were devoted to adult work.

The Agent has served eight women's organizations, other than Home Demonstration Clubs, each with one or more method demonstration meetings during the year. Other than this, organizations such as the Arizona Home Economics Association, the District Federation of Women's Clubs, the Delta Kappa Gamma Educational Association, and church organizations have been served by the Agent.

A County wide program in nutrition, clothing and Home Management was planned with the State Office, and has been carried out.

Nutrition

The State Specialist spent four days in the County presenting the subjects: "Grapefruit Desserts"; "Holiday Meals". The work presented was taken into all communities in the southern part of the County. Ninety four home makers reported making grapefruit desserts following directions given in the Extension leaflet.

There have been additional demonstrations by the Agent and Leaders on preparing and wrapping poultry for sharp freezing; pre-school child feeding; removing the skin from chili peppers; desserts using dates; making of fruit pies.

The new time table for canning vegetables has been distributed in all communities and actual help has been given in the preservation of dates; figs; okra; peaches; tomatoes; chicken; cantaloupe pickles.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

There continues to be a decided swing to freezing rather than canning. From reports received, the approximate totals for food preservation in Yuma County during the current year are as follows:

25,000 quarts of fruit canned
30,000 pounds of fruit frozen
20,000 quarts of vegetables canned
20,000 pounds of vegetables frozen
5,000 quarts of meat canned
30,000 pounds of meat frozen

As in previous years the Agent has answered inquiries and distributed Extension bulletins on quick freezing of foods; child care and training; food preparation; gardening; date curing; fig drying, etc.

Clothing

The State Clothing Specialist spent four days in the County in the interest of the adult program. Subjects presented at leader meetings and Home Demonstration club meetings were as follows: Short Cuts in Sewing; Use and Care of the New Materials. The work presented was subsequently presented in all communities in the southern part of the county and in Parker in the northern part of the County.

There have been method demonstrations by the Agent and Leaders on Tailoring Technics; Basic Patterns; Window Drapes; Fitting the Dress you Make; Sewing Machine Attachments; Christmas Gifts Suggestions; Consumer Speaks Clothing program; etc.

There have been thirty three adult method demonstrations given by the Agent during the year. There has been a spread of influence in all communities through leaders. One hundred seventeen homemakers have reported using one or more short cuts in sewing. It is estimated that approximately five hundred and fifty families have been assisted by the adult and 4-H programs.

Home Management and Family Economics

As in previous years, household accounts are being kept by practically all Home Demonstration Club Members. The practice is in part due to the Home Demonstration program in current and previous years. However, income tax returns have been the biggest factor in making the practice mandatory.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

Home, Furnishings and Surroundings

The State Home Management Specialist spent two days in the County in the interest of the adult program. The subject presented was "Kitchen Storage". The work presented was subsequently presented in all communities in the southern part of the county. Seventy six home makers have reported using at least one suggestion given in improving their kitchens. Five home makers have used the suggestions in building new homes.

The making of slip covers and re-upholstery of furniture continues to be practiced in all communities as a result of Home Demonstration work. Most of these practices are a result of demonstrations in previous years. During the current year eleven demonstrations or all day work meetings have been held by the Agent. There has been report of seven such meetings being conducted by Leaders. There have been others not reported.

Junior Work

This year and last year have seen a material strengthening of 4-H club organization in Yuma County. Three major events have been added to the annual program as follows: a County Junior Agricultural Fair; a Summer Camp; a County Recognition Event.

As last year, the Fair this year required much time in preparation. Mr. Al Face, Assistant County Agricultural Agent has both years been in charge of over-all plans and the Agent has worked closely with him. The Home Economic's work has fallen into two classes: Exhibits; Demonstrations. This year approximately one hundred and seventy five girls had entries varying from one to five. The number of visitors at the Fair was greatly increased this current year as compared with last year and instead of having the Fair open for one day, it was this year open the previous evening as well.

As last year, the Recognition Event took the form of a banquet with 4-H club members, their parents and Leaders invited. Awards for the year past were made: club; county; state. Yuma County placed first in the following state contests: Dress Revue; Food Preparation; Health Improvement; Dairy Foods Demonstration; Safety. One club also received a special award for their collective records on health improvement.

This current year marks the first for a Yuma County 4-H Camp. The site was the Y.M.C.A. campgrounds in Groom Creek near Prescott. In plans and operation of the camp, the Agent worked in close cooperation with Mr. Al Face, Assistant County Agricultural Agent. Seventy 4-Hers and directors attended the six day camp. Details were carefully worked out and the whole event was very successful.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

During the year a total of twenty 4-H clubs in clothing, Meal Planning and Canning were supervised by the Agent. All clothing clubs functioned during the school year. Six combination clubs did Meal Planning Club work during the school year. Three of these carried meal planning programs during the summer.

Both last year and this year local achievement days were not held, as previously, in the spring of the year but were incorporated with the Recognition Event previously discussed. In the northern part of the county, however, local achievement events were held the last of May.

County winners in the following projects entered the state competition: Girl's Record; Clothing Achievement; Canning; Dress Revue; Food Preparation; Health Improvement; Dairy Foods Demonstration; Better Methods. Of these, as stated before the following were adjudged state winners: Dress Revue; Food Preparation; Health Improvement; Dairy Foods Demonstration.

Statistics

From the statistical report is the following:

Days spent in Adult work	134	
Days spent in 4-H club work	<u>160</u>	
Total for year		294
Days spent in office	58	
Days spent in field	<u>236</u>	
Total for year		294
Days spent in Projects		
Extension Organization and Planning .	68	
Improvement and Equipment	43	
Nutrition and Health	71	
Clothing, Family Economics, Parent		
Education, Community Life	<u>112</u>	
Total for year		294

(a) Local factors influencing

Local factors influencing the work of the Home Demonstration Agent in Yuma County, are modified by local conditions, most of which have to do with topography and climate. For this reason, as in previous years, a brief explanation seems justified. While the total acreage of Yuma County is in round figures six million, or one-twelfth of the acreage of the entire State of Arizona, nevertheless the total acres on which cultivated crops have been grown

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

has been relatively small. Since the 1940 census about twenty five hundred acres of land in the South Gila Valley and on the area north of the former Army airport have come into cultivation for the first time. And now with the Wellton-Mohawk project an assured thing, the above promises to be changed.

However at present, the acres under cultivation in Yuma County is not more than two percent of the total. In general this low percentage is due to unused land divided into soil highly productive but without water supply, and hard pan plus caliche desert soil including small mountain ranges of comparatively low elevation. Of the land under cultivation, approximately one-third is farmed by tenants while two-thirds is owner-operated.

There is, as in previous years, a high percentage of shifting rural population. These factors; that is distances to travel and large transient population, make follow-up checks of much more than average difficulty. Local leaders, also, can not function as effectively as in many other sections.

In some localities in Yuma County, the soil and water are of such mineral content as to make the growing of a home vegetable garden very difficult. Because until the year 1942, vegetables were available in our Yuma markets in good variety and for much less than these particular communities could produce them (irrigation costs, etc.), the practice of home gardens was confined to the Yuma Valley and communities where the salt soil is not prevalent. Since the war, and patriotic stress for gardens together with the change in the truck gardening business there has been created renewed effort to grow home vegetable gardens. This has been augmented by local large scale production of carrots, garden peas, tomatoes, lettuce, etc. The results are told later.

The desert area of Yuma County is located in the heart of the county, dividing it into two distinct divisions known as the Northern part and the Southern part. To reach the northern part of the County a graveled road with many dips of from seventy to one hundred and twenty miles must be traveled. Since these trips are very hard on the rubber of tires, during the war traveling was curtailed at the request of the State Office. Last year and this current year trips have been made each month of the school year in cooperation with Mr. Al Face, Assistant County Agricultural Agent. These trips have been largely for 4-H club work. There were two exceptions last year with one adult Leader Meeting on Mattress Making and one meeting in the Vicksburg, Salome, Wenden areas. This current year there have been requests

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

from all centers in the northern part of the county. To date, the Agent has sent material on the "Use and Care of the New Materials" to Parker and has conferred with a Leader from Bouse on the formation of a Home Demonstration Club.

Another local factor influencing Home Demonstration Work in Yuma County is the Mexican population. Approximately one-third of the county is Mexican. Of these Mexicans only a small percentage (approximately seven percent) are naturalized. These are highly patriarchal in family life. This accounts for the fact that while the children are accessible for extension work through the schools, the women are practically unapproachable. There are, however, women in our Home Demonstration Clubs who speak Spanish and who have acted as interpreters in all community projects.

Mention should be also made of the Indian population. There are two Indian Reservations as follows:

- (1) The Cocopah Reservation, located in the lower Yuma Valley:
- (2) The Colorado River Agency located at Parker. There is also the Fort Yuma Indian Agency located on Indian Hill, in California, directly across the river from Yuma.

(b) FORM OF ORGANIZATION

Yuma County Home Demonstration work is organized under two headings as follows:

- (1) Work with Adults through regularly organized Clubs; through clubs other than those primarily organized for Home Demonstration work; through temporary groups of women formed for one or more Extension projects; through home visits; office and telephone calls; through individual and circular letters; through newspaper articles and radio broadcasts.

Regularly organized Home Demonstration Clubs include the following areas: (1) Gadsden (2) North and South Gila (3) Somerton (4) Sunny-side (5) Rood and Crane (6) Roll and Tacna (7) Wellton (8) Yuma Mesa (9) Vicksburg, Salome, Wenden.

The Parker area has been visited once for adult work, as previously explained. Parker home makers as well as other homemakers, have been contacted with bulletins and other subject matter material.

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

The Agent works either directly or indirectly through the organized clubs in the City of Yuma and vicinity. Among these may be mentioned the Wednesday Afternoon club; the Senior Delta Club; the Business and Professional Women's Club; the Delta Kappa Gamma Educational Society; the various church organization. In addition she is occasionally called on for help from the local chapter of the American Red Cross; the Women's Auxiliary of the American Legion; Camp Fire Council; District Federation of Women's Club; County Teacher's Organization; County Council for Cancer Prevention.

All Home Demonstrations Clubs have a roster of members in the Agent's Office and notices of meetings are sent to each member.

As nearly as possible, programs for the clubs have been planned on a yearly basis. However, during the current year, as in recent years, it has been difficult to realize this. Limiting factors have been: shift in interests due to world conditions; additional duties assumed by women; local markets depleted of vital commodities; prolonged summer hear. These factors have all greatly influenced programs.

With Home Demonstration Clubs, two Nutrition Local Leader meetings have been given in cooperation with the specialist, one in February and one in November; one Home Management Local Leader Meeting in cooperation with the Specialist, in May; two clothing Local Leader meetings in cooperation with the Specialist, one in January and one in October.

Prior to and, on occasions, after these meetings just mentioned, the Agent has given back to clubs subject matter obtained at Extension and other meetings outside the County as follows: Arizona Home Economics Association meeting in December; Annual Extension Conference in January; State meeting on Food Preservation in March; Arizona Home Economics Association meeting in March; State Frozen Food School in April; County Life Conference in June; American Home Economics Association Convention in St. Louis in June; State Home Demonstration Conference in Prescott in August.

The work of the Agent entails, in addition to regular meetings, many home calls, telephone calls, conferences, publicity measures, ets.

As in past years, an effort has been made to supply homemakers with the latest published material in the Home Demonstration

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C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

field. As usual, this has been done through distribution of bulletins at meetings, etc. Material has also been mailed upon request. Such requests have greatly increased the past few years as compared with previous years.

The county newspaper continues to be helpful in forwarding Home Demonstration work in the county. Special meetings have been announced and visits of the State workers to the County. The Agent has, on occasions, furnished articles as the need has developed.

Yuma County's Radio Station, KYUM, has been very cooperative. Since early in the spring of 1946, a fifteen minute period once a week has been used by the County Extension office. The Agent's turn to use this broadcast time has come once in three weeks when she has presented timely Home Economics programs, sometimes as a dialogue with some one else but more often alone. Special broadcasts have been given publicizing the Junior Agricultural Fair, the 4-H Club Camp, etc. In all, nineteen broadcasts have been given.

C. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (cont'd)

(c) Table showing program as planned and achieved in Yuma County
1946-47

PROJECTS	NUTRITION	CLOTHING	HOME M'N'GT & HOME FURNISHINGS	COMMUNITY ACTIVITIES
No groups planned	17	17	12	15
	Gadsden North Gila Sunnyside Roll Wellton Crane Somerton Yuma Mesa South Gila Rood Bouse Wenden Salome Wed. Aft. Club BPW Club Delta Club	Gadsden North Gila Sunnyside Roll Wellton Crane Yuma Mesa Somerton South Gila Rood Parker Wenden Salome Wed. Aft. Club Lutheran & Presby- terian auxiliaries	Gadsden North Gila Sunnyside Roll Yuma Mesa Somerton Wellton Rood Crane Yuma Mesa South Gila Wed. aft. c. club	Gadsden North Gila Sunnyside Roll Crane South Gila Somerton Rood Parker Wenden Salome Bouse Yuma Music Club Delta Kappa gamma educ. Ass'n BPW Club
No groups achieved	17	15	12	15
Individuals enrolled	442	429	185	500
Value in	Improved nutri- tion standards; Make- Preservation of foods by freezing established; Im- proved cooking procedures; Better Use of Home Grown Prod- ucts.	Better Clothing standards; Make- over habits; Fitting procedure; Work Simplification; Sewing Technics	Better Living Conditions; Kitchen Convenience & effi- ciency helped; work simplification.	Happier rural life; civic re- sponsibilities assumed.

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D. PROGRAM OF WORK

(a) Factors Considered and Methods Used in Determining Program of work.

Following the policy of previous years and as previously stated, the Agent has made an effort to keep the program of work as nearly uniform as possible because it is realized that more effective work can be done if interests are not divided. However, this effort has not interfered with the established plan of having programs result from conference with club leaders as well as others in the county, and from constant queries put to women in attendance at the meetings as well as from constant study of local conditions.

During the war years and extending into the post-war period there have been certain modifications in program of work necessary because women have been anxious to do their part in the war program, because the labor shortage has increased home duties and because of limited markets. For instance, lean markets in ready-to-wear clothing and present high prices have stepped up home sewing. Then the shortage of yardage and the present decided change in styles have meant that women have continuously asked for advise with makeovers. As a result of such local needs, certain projects have been carried even though they have not been state projects.

The local leader movement began in Yuma County in the Fall of 1939. However, because of limited factors, it has, from the beginning functioned on a limited basis only.

These handicaps have to do with travel conditions, climate, etc., rather than indifference on the part of the women. The movement has of course, been carried in cooperation with the State Staff and after plans have been formulated State Conferences for Home Demonstration workers. Because Yuma County has had Home Demonstration work since the work was first inaugurated into Arizona and because pre-establishment discussion of the local leader movement had not met with favor, the Agent, has from the beginning, made a special effort to make the surroundings as pleasing as possible for an added appeal. Until the fall of 1943, meetings were held at the Agent's home and the social aspect was included. In 1943, because it was necessary to curtail travel as much as possible, two new centers were established as follows:

- (1) Methodist Assembly Room in Somerton
- (2) Water Users Office in Roll.

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D. PROGRAM OF WORK (cont'd)

From that time until the Fall of 1946, even with the above modification, difficulty of travel and pressure of work at home prohibited communities from being organized as completely as in pre-war years. In January of 1945, the Somerton Center was moved to the Manual Training room, and the Roll center to the Manual Training room at the Mohawk School. The reason was as follows:

The meetings were on clothing storage and needed work bench facilities. Because of the uneven distribution of leaders at these meetings, it was necessary for the Agent to take the work to clubs which could not be represented.

In the Fall of 1946, the local leader movement resumed pre-war status. At that time, the Home Demonstration County Council held a luncheon meeting at the Agent's home. Officers were elected and the following county goals were accepted.

1. Each club work for a certificate of achievement.
2. Make possible a yearly physical examination for every rural woman.
3. An adequate lunch for every school child.
4. To establish at least one result demonstration on housing in each community.

The club goals suggested to be submitted to the various clubs for approval were:

1. Improve club kitchens
2. Establish calling week
3. At least one annual family get-together
4. Start a building fund for a club house.

Requirements for a certificate of achievement had been set by the State Office as follows:

1. One meeting each month, minimum eight meetings a year.
2. Satisfactory secretary book.
3. Take part in a county or local achievement day; or a tour or exhibit.
4. Reports--Minimum two stories a year.
5. Majority of active members attend each meeting
(club decides who is active)
6. Carry at least one project with local leader giving back the subject matter.
7. A representative attending each county meeting--state, if possible.
8. Sponsor at least one community activity.

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D. PROGRAM OF WORK (cont'd)

This current year has seen the realization of part of the above goals. Three clubs completed requirements for a certificate of achievement as follows: Gadsden Home Demonstration Club; North and South Gila Home Demonstration Club; Rood Home Demonstration Club.

All centers have publicized the possibility of physical examinations at the Cancer Detection Centers in Phoenix or in Tucson. They have contributed liberally to the drive for maintenance of the Arizona Council for Cancer Prevention.

An excellent school lunch has been established at Wellton for the first time this year and the movement was initiated by the Home Demonstration Club. A building was built in the school yard this summer especially for the Cafeteria and equipped with large electric refrigerator, institutional gas stove, adequate counter, sink, table space, dishes, utensils, etc. It is being operated by a Home Demonstration Club member.

School lunches are now being operated in all schools where Home Demonstration families attend and in all cases they are permanent institutions rather than make shift affairs.

Work has been done on housing during the current year but because of present high prices or more pressing needs actual completion of such projects has not been accomplished. The Gadsden club is accumulating funds for a complete overhaul of their club house.

The North Gila Club raised funds and purchased chairs for the school building which is serving them as a Club House. They are accumulating funds to build cupboards, buy dishes and put in a kitchen equipped with sink and stove. The North Gila Club has been active this year in trying to secure electricity for their valley, it being the only community in Yuma County not so supplied. This effort has gone on for as long as the Agent has been in the County, but at present, the community is more hopeful of actually having electricity than ever before.

The Rood Club has been delayed in their efforts at improvement of the school house which serves them as club house because the district has been undecided about again opening the school. At present the Rood children attend the Crane school and it now appears will continue to do so. Plans have been formulated by the club for establishing a club kitchen when the matter is finally settled.

Periodic family get-togethers in the form of pot lucks with entertainment were an established pre-war custom and these are being revived in all communities.

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D. PROGRAM OF WORK

(b) Influence of State and National Agricultural Agencies.

These agencies may be listed as: Agricultural Extension Service; Farm Labor Office; Farm Bureau; Agricultural Adjustment Administration. While Home Demonstration work in Yuma County continues to be quite distinct from other agricultural agencies in the county, there has been not one month when correlation has not occurred. It comes naturally rather than from being planned.

The independence comes from the fact that the office of the Home Demonstration Agent is in her own home. This came about originally because of the crowded condition in the County Court House which did not permit suitable housing space. The present plan continues to be very satisfactory. She has her material organized for ready access and home conditions facilitate the working up of illustrative material, etc. This summer, the Agent has further facilitated work by having a room built on to her home which serves specially for an office. The office is equipped with a telephone and the Agent is within working distance from the County Court House where the County Agricultural Agents have their office and where the Home Demonstration Agent goes for stenographic service and for conferences with the County Agricultural Agent.

The Agricultural Adjustment Administration office is in the same room as the County Agricultural Agent and the Home Demonstration Agent relies in many instances upon the personnel of the AAA for information in the operation of her program. An example of this is that the Agent often checks her mailing list to facilitate accuracy. This is a decided help since Yuma County has a shifting population.

The spring of 1945, the former County Farm Security Administration office lost its Home Management Supervisor, in the person of Mrs. Helen Koogler, and no one was appointed to fill her place. The pleasantest relations existed between the Home Demonstration Agent and the Home Management Supervisor. They served together on the Red Cross Nutrition Committee, the Agent furnished needed bulletins when requested and on occasions they counselled together about their work. With the opening of school the Fall of 1945, Mrs. Koogler, became the High School Home Economics teacher so friendly professional relations have continued. This can be illustrated by the fact that at the Union Agricultural Fair 4-H club girls and vocational High School girls join in a Home Economic exhibit.

It should, perhaps, be stated here, that members of former Farm Security client families have been a part of the membership of all Home Demonstration groups, whether adult or 4-H. This has been true ever since the Agent came to the County twelve years ago. The Agent has known this because of previous work with the Administration or because the individual has told her rather than from questioning on her part.

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D. PROGRAM OF WORK (cont'd)

Farm Bureau meetings in Yuma County were largely discontinued during the war and have not, as yet been revived. Even though she would very much have liked to do so, the Agent has not been privileged to attend those Farm Bureau meetings which have occurred, the reason being a very full program and mileage expense. The Farm Bureau has in past years been very cooperative with Home Demonstration work. It has made contributions when funds were necessary.

(c) Project activities and results

1. Organization

Sub-Project A-Farm Organization

The town of Yuma is the center of interest for all the southern part of the county. Rural people without exception come to Yuma for shopping and a large percentage of them have business interests in Yuma. The town is increasing rapidly in population and this increase is largely due to agricultural developments. The civic interests of the town all have part membership from the surrounding rural communities. For this reason it has always been hard to draw a line between urban and rural activities.

It may be of interest to here state that the suburban section just south of Yuma and referred to as Yuma Mesa was, in 1945, incorporated into the city proper. This is a residential section where the Agent goes, from time to time for meetings. More than ten miles beyond is another section which is still known as the Yuma Mesa and whose principal industry is the growing of citrus.

In Yuma County the needs of the different communities are varied and so the Agent can in no way limit her services to being a specialist in one line of work.

There is a high percentage of very well educated women in the clubs with which she works so she must ever be on the alert that the material she gives is up-to-date and sound. This also operates to make the data given, adopted for use. The Agent finds that practices are quickly worked out by the groups in question to incorporate needs in a practical way. As a whole, the county is very reticent to do anything from a campaign angle, but people are serious minded and energetic in making the most of any opportunities for advancement which can be made practical. It is with this in mind that the Agent endeavors to make her program service really function.

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D. PROGRAM OF WORK (cont'd)

Sub-Project B-Home Economics Extension

As previously explained, the County Home Demonstration Program, as much as is feasible, operates from the State Home Demonstration office which in turn operates from the Agricultural Extension office at the University of Arizona. Yuma County is allowed its share of the services of the State Clothing Specialist, the State Home Management Specialist and the Extension Nutritionist. In addition the County is visited by the State Leader of Home Demonstration work and by the State 4-H club leader in the interest of the Agent's program. This current year, Miss Madeline Barley, Home Demonstration Agent of Cochise County, was an additional visitor coming to judge at our Junior Agricultural Fair.

As previously told under C (b) work with adults in Yuma County is carried out in part by regularly organized clubs called "Home Demonstration Clubs". Last year and this current year the number of such meetings attended, in person, by the Home Demonstration Agent has been curtailed by the increased demand made upon her time by the 4-H club program. There were, however, Home Demonstration club meetings directed in subject matter by the Agent, but actually conducted by local leaders. A roster of meetings actually attended by the Home Demonstration Agent is as follows:

December:

- 2--Gadsden Home Demonstration Club
- 10--North Gila Home Demonstration Club
- 11--Somerton vicinity Home Demonstration Club
- 13--Rood Home Demonstration Club
- 18--Sunnyside Home Demonstration Club
- 19--Wellton Home Demonstration Club
- 31--Crane, Yuma Mesa Home Demonstration Club

January:

- 14--North Gila Home Demonstration Club
- 15--Sunnyside Home Demonstration Club
- 16--Wellton Home Demonstration Club
- 30--Rood Home Demonstration Club
- 31--Crane, Yuma Mesa Home Demonstration Club

February:

- 4--Gadsden Home Demonstration Club
- 11--North Gila Home Demonstration Club
- 12--Somerton vicinity Home Demonstration Club
- 19--Wednesday Afternoon Club

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D. PROGRAM OF WORK (cont'd)

20--Wellton Home Demonstration Club
21--Sunnyside Home Demonstration Club
27--Roll Home Demonstration Club
28--Rood Home Demonstration Club

March:

11--North Gila Home Demonstration Club
12--Gadsden Home Demonstration Club
20--Wellton Home Demonstration Club
28--Rood Home Demonstration Club

April:

15--Crane, Yuma Mesa Home Demonstration Club
24--Roll Home Demonstration Club
30--Gadsden Home Demonstration Club

May:

1--Somerton Vicinity Home Demonstration Club
8--Crane, Yuma Mesa Home Demonstration Club
13--North Gila Home Demonstration Club meeting
21--Wellton Home Demonstration Club meeting
28--Gadsden Home Demonstration Club
29--Roll Home Demonstration Club

June:

10--North Gila Home Demonstration Club
13--Rood Home Demonstration Club
19--Wellton Home Demonstration Club

July:

8--North Gila Home Demonstration Club
29--Gadsden Home Demonstration Club

October:

2--Roll Home Demonstration Club
14--North Gila Home Demonstration Club
15--Gadsden Home Demonstration Club
16--Wellton Home Demonstration Club
23--Crane, Yuma Mesa Home Demonstration Club
24--Rood Home Demonstration Club
29--Somerton vicinity Home Demonstration Club

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D. PROGRAM OF WORK (cont'd)

November:

5---Wednesday afternoon club
12---Gadsden Home Demonstration Club
13---Roll Home Demonstration Club
18---North Gila Home Demonstration Club
19---Crane, Yuma Mesa Home Demonstration Club
20---Wellton Home Demonstration Club
25---Rood Home Demonstration Club

Beginning in 1944, the above clubs showed a slight readjustment over previous years to make a more natural grouping. Consequently the Crane Club is now the Yuma Mesa, Crane Club. The Yuma Mesa, Sunnyside Club is now the Sunnyside Club. In the Fall of 1946 two other changes took place as follows: (1) The women in the Wellton vicinity asked to meet separately from the Roll-Wellton Club. Consequently in October a branch club was organized to serve the mothers of the school; (2) The Principal of the Gadsden School approached the Agent asking that a branch club be organized to serve the mothers of the school. Consequently a branch club was formed and to differentiate the two clubs one was called the Somerton vicinity club. This current year the Wednesday afternoon club has accepted the Home Demonstration program sending a representative to each leader meeting and taking the work back to the club. This is very gratifying since years ago when Home Demonstration work first started in Yuma County, the Wednesday Afternoon Club was the first club organized for Extension work.

Of groups not specified as Home demonstration Clubs, but with which the Agent has carried programs may be mentioned; Yuma Music Club; Zonta Woman's Service Club; Delta Kappa gamma Educational Society; Senior Delta Club; Arizona Home Economics Association; American Red Cross; Business and Professional Women's Club; various church organizations in Yuma and Somerton; etc.

Home Maker Councils

This current year has been marked by the most consistently functioning County Council for Home Demonstration Clubs so far developed. During the war period, it was impossible to hold County wide home-maker councils because of the restrictions in travel which war brought. The Agent found it necessary to go from group to group in order to formulate plans. These groups decisions were pooled for for a county decision. Then it was she met individually with program committees and planned with them for the year for this particular club. The Victory Year Book, supplied by the State Office, was used for posting these programs, and was distributed to members.

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D. PROGRAM OF WORK (cont'd)

Home Maker Councils (cont'd)

In the Fall of 1946, the County Office, published its own Home Maker's Year Book. In it are found: County goals; club goals; club enrollment; officers; suggested program subjects; Home-maker's creed; a calendar of monthly meetings. Also scattered through the book are timely quotations and there is space for note taking. The form for this year book came from the state office. The details were worked out by the County Council.

This Fall, since there were still remaining some of these Homemaker's Year Books and because the stenographic force in the County Agent office were very busy, it was decided to change the year and use the books for the second year. This plan has completely exhausted the supply.

Sub Project C-4-H Clubs

Organization

From December, 1946, to December 1947, girl's 4-H clubs in Yuma County have been in operation and have shown completions. Obviously, a few new clubs have been organized this Fall. However, there has not been opportunity for them to show completions so they are not included in the following list:

4-H CLUBS SHOWING COMPLETIONS DURING 1947

<u>Clothing</u>	<u>Enrollment</u>	<u>Completions</u>
Crane	32	30
Rood	19	18
Sunraysia	12	12
Roll	14	14
Gadsden	19	17
Somerton 7th	18	16
Somerton, 8th	21	20
Stitch & Cackle (High School)	8	6
Jolly Commuters (High School)	11	9
Las Aguilas (High School)	9	8
Sand Sifters (Parker)	15	12
Bouse	9	9
Harquehala	2	2
Quartzsite	4	4
Salome	5	5
Sunny Valley	17	16
Wellton	14	14

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<u>Meal Planning</u>	<u>Enrollment</u>	<u>Completions</u>
First Street	8	7
Sunny Valley	17	16
Roll	14	14
Crane	9	7
Somerton	11	9
Las Aguilas (High School)	7	7
Jolly Commuters (High School)	9	7
Sand Sifters (Parker)	14	12
Bouse	9	9
Harquehala	2	2
Wellton	14	14
 <u>Food Preservation</u>		
Las Aguilas (High School)	5	5
Jolly Commuters (High School)	3	3
Gadsden	10	9
Rood	3	2
Sunnyside	4	3
Sand Sifters (Parker)	9	8
 <u>Home Furnishings</u>		
Wellton	2	2
Sunnyside	2	2
Totals	381	350

The above figures are for enrollments in the various Home Economics projects. Obviously a good many members were enrolled in more than one project as a matter of fact practically all members were enrolled in clothing and other projects were taken as additional ones. This comes about because for many years clothing has been the leading Home Economics project.

The number of Yuma County 4-H members carrying one or more Home Economics projects during the year 1947 and showing one or more completions is 235.

During the current year the Agent has spent fifty five percent of her time with 4-H club work. This represents a somewhat smaller per cent of time than in 1946 but a substantial increase in time over all previous years. As a matter of fact last year was the first year when 4-H club work took even half of the Agent's time, the nearest approach being forty three percent in 1945.

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The reason has been an expanding 4-H club program in Yuma County. Last year, for the first time, Yuma County had an Assistant County Agricultural Agent who has been a specialist in 4-H club work. New features have consequently been introduced into the program such as: a County 4-H Club Fair; a Yuma County summer Camp; Recognition Banquet; night meetings for the older youth; County Council Meeting; etc. All of these events have made an increased demand on the Agent's time. In addition, the Agent has been called on many times to "pinch-hit" for leaders. While the Leader Movement is improving with mothers and interested outsiders more than ever assuming leadership responsibilities, still the Agent is constantly having to limit her activities because there are not enough hours in the days to take care of all requests. Then, too, illustrative material which would materially help the program has had to be curtailed. It is also a physical impossibility to take care of all the office detail for the adult as well as the 4-H program requested by the state office. Yuma County is on the eve of a big Agricultural expansion. For these reasons it would seem feasible to have an Assistant Home Demonstration Agent as well as an Assistant County Agricultural Agent and such a recommendation has been forwarded to the State office by the County Agricultural Agent.

State workers who have visited the county, during the current year, in the interest of 4-H Home Economics club work are as follows:

April 11 & 12

Mr. Kenneth McKee, State Leader, 4-H Club Work
Miss Jean Stewart, State Leader, Home Demonstration Work
Miss Grace Ryan, State Home Management Specialist
Miss Madeline Barley, Cochise County Home Demonstration Agent

May 16

Miss Grace Ryan, State Home Management Specialist

August 9

Mr. Kenneth McKee, State Leader, 4-H Club Work
Miss Helen Church, State Clothing Specialist

October 4

Mr. Kenneth McKee, State Leader, 4-H Club Work
Miss Helen Church, State Clothing Specialist
Miss Grace Ryan, State Home Management Specialist

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D. PROGRAM OF WORK (cont'd)

Nov. 7

Miss Reva Lincoln, Extension Nutritionist

In most of the above instances, the Home Demonstration Agent has shared the time of the state workers with the Assistant County Agricultural Agent. However, for subject matter, Agricultural projects have been represented by Agricultural Specialists while Home Economic projects were represented by Home Economics specialists. The events incident to these above incidents were: Yuma County's Junior Agricultural Fair; Yuma County 4-H Summer Camp; 4-H Leader Training meetings.

The year 1946 saw the introduction of a Yuma County Junior Agricultural Fair as an Annual Event.

This first Fair took place on April 6th and was cooperated in by the Agricultural Extension Service and the vocational classes at the High School. The event was sponsored by the Yuma County Senior Chamber of Commerce. Since it was the first such Fair attempted in the county more than the usual amount of organization work had to be done in preparation. An effort was made to simplify the activities so that better grading could be accomplished. Finally the girl's 4-H work was divided into two main divisions; (1) Exhibits mainly clothing; (2) Demonstrations. Of the approximate 200 girls, 130 brought exhibits varying in number from one to five. These were carefully entered according to catalog classification and judged for white, red or blue award. The exhibit was culminated in the afternoon by a dress revue at which time three county dress revue representatives were named.

The meal planning entries included posters on the general theme, "Food for Health", and one "House of Health" exhibit built from cereals and fruits.

Demonstrations were thrown into two divisions, (1) Senior (2) Junior. Subjects for demonstrations included: Shrinking Washable material; Table setting the 4-H Way; Shining Shoes the 4-H Way; Sewing on Fasteners; Making a simple salad; Glue Method of cleaning washable woolens; A quick patch for work clothes; Accurate measurements in cooking; Sewing Seams; Taking Measurements for a dress. The winning Senior team demonstrated "A Quick Patch for Work Clothes" and the winning Junior team demonstrated "Table Setting the 4-H Way".

This current year, the Fair took place on April 11th and 12th. So that more people might visit the Fair, it was thrown open to the public Friday evening as well as all day Saturday. Days

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preceding the Fair were completely occupied with preparations. The 4-H Home Economics division was divided into three general divisions (1) Exhibits (2) Demonstrations (3) Judging contests. By far the greater portion of exhibits was clothing work. This was partly, at least, because baked goods exhibits were barred from the premium list because of the shortage of fats and sugar. There was, however, a food for health exhibit contest and four communities entered exhibits. Only a small amount of canning was exhibited which was to be expected since Yuma County has not found it practical to can and the canning done by 4-H girls is not stored any great length of time.

More than eighty per cent of the 4-H Clothing Club girls exhibited from one to five articles including approximately one hundred dresses. These dresses were modeled by their owners in a dress revue and senior winners in the four classes named by the judges.

There were a total of twenty-four demonstrations given in the Junior and Senior divisions on the following subjects; Bread Making; Forming of Yeast Rolls; Outdoor Cooking; Making a Simple Salad; Washing Sweaters, Glue Method; Shining Shoes the 4-H Way; Making a French Hair Braid; Curing Skins for Fur; Sewing on Fasteners; Putting on Fasteners without Sewing; New Method of Putting in Slide Fasteners; Making Worked Button Holes; Sewing in Dress Sleeves; Making Point Trimming; Stencilling; Cutting True Bias; Making Lemon Pie; Making a Sock Doll; Table Setting.

Judging contests included the judging of dresses, aprons and baking powder biscuits. In each case there were four rings to judge and contestants were asked to give reasons for their placements.

The Rood Home Demonstration Club acted as hostess club for the Fair, decorating, putting up exhibits, etc.

Previous to 1946, 4-H club achievements have been held in May. In 1946 the plan was changed for the southern part of the county; being replaced by the Fair in April for exhibit purposes and by a Recognition Banquet in October for making awards, etc. In 1946, the clubs in the northern part of the County had originally planned to take part in the Fair. A Parker school bus was arranged for, to bring the delegates over the desert, a distance of one hundred and forty miles. Unfortunately the bus broke down completely in transit and consequently the delegation did not arrive. As a result, it was deemed advisable to hold achievements for these clubs as in previous years. Achievement exhibits and programs were held at Bouse, Parker, and Salome. Pins and programs were held at Bouse, Parker, and Salome. Pins and certificates were presented for completions at that time.

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This current year, even though a goodly number of 4-H members and Leaders attended the Fair from the northern part of the county, it was thought best to maintain the custom of spring achievements for this part of the county. Consequently, the latter part of May, Achievements were held at Bouse, Parker, Wenden, Salome and Quartzsite.

This current year as last year, the Recognition Banquet was held at Crane School with the food preparation being done by the Crane School Cafeteria staff. The banquet room was well set up and decorations were in the 4-H green and white. The event was participated in by 4-H club members, their parents and leaders, both state and county. Representatives of the various organizations sponsoring 4-H club work were invited guests. More than three hundred were in attendance despite a sharp increase in the price of meal tickets.

The President of the 4-H County Council acted as Master of Ceremonies. The program included the following: Awarding of pins and certificates to all 4-H club members in the southern part of the County, who had completed their 4-H projects since October of 1946; special awards for county winners in both boys and girls projects; special awards for state winners; Leader awards, etc. Dr. Roney, State Extension Entomologist, gave the talk of the evening explaining the ^{true} meaning of 4-H club work. Mr. Fairweather, Secretary of the Yuma County Senior Chamber of Commerce, told of the relationship of 4-H club work to Yuma County. Mr. Kenneth McKee, State Leader of 4-H club work, made the state awards. For Home Economics projects these were as follows:

Dress Revue	Billie Simons of the Rood Club
Food Preparation	Mabel Rohrbough of the Los Aguilas Club
Health Improvement	Joan Cannon of the Jolly Commuters Club
Dairy Foods Demon.	Betty Jo Frauenfelder and Mary Lott of the Stitch and Cackle Club

Club Contest in
Health Improvement Sunny Valley Club

This year, Yuma County has seven 4-H boys and girls winning trips to the 4-H Congress in Chicago. Never before has there been more than two trip winners in any single year. The Recognition Banquet closed with a Candle Lighting Ceremony installing the officers of the Yuma County 4-H Council for the coming year.

During 1947, shortage of materials has continued to influence all project work. While this has not been as acute as in 1946, there has been a decided shortage of yardage. It has required considerable ingenuity on the part of everyone concerned to see that girls have had material with which to work. In spite of this handicap, the percentage of completions has been good.

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Canning club work, as in previous years, has been carried as a mother, daughter project. As usual, 4-H club girls have cooperated with their mothers in canning tomatoes, black-eyed peas, garden peas, green⁶³ beets, plums, figs, dates as well as fruit preserves and pickles. In a few instances girls have done meat canning. In general, the amount of 4-H canning this year was larger than last year. In addition freezing as a means of food preservation is becoming common usage throughout the county.

4-H Meal Planning Clubs have shown stepped-up interest during the year. In addition to the regular project work, all clubs have joined in working on a Bread Making Demonstration contest which culminated in demonstrations given at the Junior Agricultural Fair.

In the annual narrative report for 1945, the Agent told of a new venture in the history of 4-H club work in Yuma County. There was a delegation of boys and girls who attended the State 4-H Camp at Camp Geronimo, in Cochise County. Last year a delegation again attended camp. The party consisted of twelve 4-H girls, five 4-H boys, the Assistant County Agricultural Agent, the Home Demonstration Agent and a local leader who served as song leader for the camp. Time spent at camp was most pleasant and profitable for all the group. Activities were well worked out and thoroughly enjoyed by the boys and girls. However, transportation was even more difficult than the year before. In 1945 special help from the state staff was called on at the last minute to make sure that the group arrived home safely. Last year, with efforts made in planning, to forestall repeated difficulties, it was even more hazardous.

Partly because of these difficulties and partly to make camp available to a larger group of Yuma County 4-H members, a camp was planned and carried through as a County Camp during August of this year. Mr. Al Face, Ass't County Agricultural Agent, was director of the Camp, the site of which was the YMCA Camp at Groom Creek, seven miles from Prescott. Excellent facilities were available for Camp life. The dining room was run by the camp staff with our club personnel serving as dining room help. A charge of ten dollars and fifty cents per person was made which included transportation to and from Yuma.

The transportation consisted of two school buses, one furnished by the Yuma Union High School, and one by the Mohawk Valley School at Roll. In addition Mr. Face took his car.

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Camp program included: Flag raising and lowering; meals; singing classes as well as community singing; special classes on Home Economics and Agricultural projects; crafts; swimming; games; evening programs.

In addition to Mr. McKee, State Club Leader, and Mr. Face, Mr. Van Sant of the State Extension Staff and Mr. Gavette of the Maricopa County Extension Staff made up the staff of men. Miss Helen Church, State Clothing Specialist and the Agent made up the staff of women.

Singing classes were conducted by Mr. McKee and the Home Demonstration Agent. Special music leaflets were mimeographed for the purpose supplemented with the official 4-H Club Song Books and recreation song books entitled "Happy Days". Much good singing was done at meals, at evening programs, etc., as well as in classes.

Craft classes were worked out by Mr. Face and assisted in actual instruction by Miss Church. The Agent assisted in the preparation of rubber molds before going to Camp. 4-H plaques were made from Plaster of Paris. These were very attractive and were enthusiastically done by both boy and girl campers. The finished products were, on the whole, exceptionally good.

Moving pictures with sound effects were shown setting forth 4-H Club activities. There were also two films on health entitled "The Scrub Game" and "Passport to Health". These were loaned by the Standard Talking Film Service and were arranged for by the Home Demonstration Agent at the Home Economics Association Meeting in St. Louis.

At Camp the Home Demonstration Agent was in charge of the dining room proctor duties and of the dispensary. The latter proved to be a real job because there were many colds and minor ailments due, it was felt, to the marked change in temperature as well as elevation. However, there were no serious developments, and no one had to be withdrawn from camp participations for any period of time.

The camp was much a success and served to strengthen 4-H club work as well as give sixty members a delightful week of recreation.

This year saw the first State 4-H Round-Up since before the war. In June, the Agent in cooperation with Mr. Face, Assistant County Agricultural Agent, chaperoned a delegation of twenty-five Yuma County 4-H club members to the University campus in Tucson for the Round-Up.

The Gadsden school bus was loaned for the trip. In addition the Agent took her own car in order to take care of extra equipment, etc.

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All delegates won trips at the Junior Agricultural Fair in April. The Home Economics members were as follows: Billie Simons, Dress Revue; Joan Cannon, Health, Dress Revue, Senior Clothing Demonstration; Mabel Rohrbough, canning and dress revue; Betty Jo Frauenfelder and Mary Lott, Dairy Foods Demonstration; Dorothy Lattie, Senior Clothing Demonstration, Dress Revue; Louise Headington and Anna Jean Shipp, Senior Foods Demonstration; Barbara Brandon and Betty Williams, Junior Clothing demonstration; Betty Bickers and Faith Hamilton, Junior Foods Demonstration; Caroline Lott and Ruby Brumley, Junior Home Management Demonstration; Eugene Ochoa, Biscuit making contest.

Of the above, Billy Simons was winner in the state dress revue contest. She made a tailored suit costume. The suit is of aqua marine wool. The jacket is lined with deep cream flat crepe and the only trim is a double row of multi colored buttons with the colors repeated in a pin worn on her shoulder. She has a sheer white blouse and her accessories are black. Billie will model her costume at the 4-H Club Congress the first week in December.

Yuma County's Dairy Foods demonstration was placed first. The title of the demonstration was "Bread with Milk, the 4-H Way" and was built around the statement in Dr. Shermans most recent edition that the present day diet should be built around bread and milk. The girls advocated home made bread using a high proportion of milk. They formed the dough into Clover Leaf and Crescent Rolls and exhibited finished Rolls which they had previously baked combined with a tall glass of cool, whole milk as a nucleus for a meal.

Two other of Yuma County's Home Economics demonstrations were blue ribbon winners. They were the Junior Foods team and the Junior Home Management team. The Senior clothing team placed second and in the showmanship biscuit making contest, Yuma County placed second.

Manystate contest decisions were not made until this Fall. Of the above list, two additional girls have won trips to the 4-H Congress in Chicago. They are Joan Cannon for Health Improvement and Mabel Rohrbough for Food Preparation.

Dorothy Lattie came out second in the Clothing Achievement contest and will try again next year.

All contestants have prepared record books which are outstanding. They take the form of scrap books where is set forth the individuals accomplishments from year to year. They have kept record books, photographs, samples of materials used, 4-H Ribbons, pins, etc. and these are all included in their scrap books.

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PROGRAM OF WORK (cont'd)

Before leaving the subject of 4-H activities and results it should be here stated that 4-H files in the County office take the form of a card index system which works very effectively for a permanent record of enrollments and completions.

A monthly 4-H News Letter is published under the caption "Covered Wagon" and sent to all 4-H members and their leaders. This newsletter is a joint publication of the Assistant County Agricultural Agent and the Home Demonstration Agent.

Sub-Project D--Reports

Reports from the Home Demonstration Agent's Office take the form of a monthly narrative and statistical report and an annual narrative and statistical report. The Agent has made an effort to submit weekly reports to the state office but more times than not these have been impossible because of congestion in stenographic service or in the Agent's program.

The Agent has a calendar outline where she writes down appointments, makes notes concerning meetings, etc. Reports are largely made from this calendar.

XIII Nutrition

It seems hardly fair to tell of one Year's work in nutrition without going back for at least a brief account of teachings and accomplishments in previous years.

For instance, more than a decade ago, Yuma County had an intensive course in Child Care. The Agent is still feeling the influence of this course and not a month passes that she does not have some requests for the literature from the Children's Bureau on Prenatal, Infant or Pre-school child care. Her supply of bulletins is at present entirely depleted but she plans to request a new supply of bulletins within the near future.

The long established custom of giving advice on food preparation means that the Agent is called on for advice in all phases of food preparation from supplying recipes to interpreting unusual results. When food was being rationed, the Agent spent much time helping homemakers with sugar, fat, flour, meat stretching, etc. The war years saw increase in food production through gardens, etc. The Agent was consequently called on for an additional amount of information on food preservation. From time to time quantities of food have been thrown open to the public because the Reclamation or some other firm has abandoned a field intended for large scale marketing. An example of this was an eighty acre field of English peas in 1944 with fields of black eyed peas, tomatoes, Irish potatoes and more peas on subsequent years. At such times the Agent has been very busy answering office and telephone calls requesting canning information.

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XIII Nutrition

The close of the war brought an increase in interest in hot school lunches. They have increased in quality of lunches served and in percentage of children served this year and last over previous years. The problem has been simplified by the closing of three rural schools, the children being sent to either Crane School or to the Yuma Grammar School. These are as follows: Laguna School in the North Gila Valley closed 1944--children enrolled at Yuma Grammar School; Sunnyside School closed 1944--children enrolled at Crane; Rood School closed 1946--children enrolled at Crane. In the Fall of 1945, a hot school lunch was instituted at the Roll, Mohawk School with the President of the Home Demonstration Club acting as Cafeteria supervisor. This Fall, a lunch room was opened at Wellton. As before told, the Wellton Home Demonstration club initiated the movement and the entire community is proud of the project. Hot school lunches now in operation are as follows: Yuma Union High School; Yuma Grammar School; Gadsden; Somerton; Crane; Roll; Wellton. This current Fall the Agent spoke before the Parker Patron's Club on the value of the School Lunch Program. They are working on a plan for instituting a lunch in the Parker Grammar School.

In 1945, a school lunch leader, meeting was held at Somerton with Miss Reva Lincoln, Extension Nutritionist in charge. This year the Agent has supplied recipes, etc. on request to lunch room supervisors. These women have in turn helped the 4-H Meal Planning Club program by acting as Leaders, by permitting their rooms to be used for meeting places, and in the case of Crane School, by preparing meals for the County 4-H Fair and the Recognition Event.

Sub Project A--Food Production

As previously stated, the war brought a great change in the vegetable marketing facilities in Yuma County. In pre-war days, our markets were abundant in both variety and amounts of fresh vegetables and at very reasonable almost nominal cost. After the war began, the change was to the bad in all three instances. In view of this during the last four years gardens have been very much the order of the day, that is, when they could at all be managed. Always, the Home Demonstration program in Yuma County in the matter of gardens has been subsidiary to that of the County Agricultural Agent. Yet certain things have in past years been accomplished by the Home Demonstration Agent to stimulate production. Gardens reached their peak in number four years ago. During the war this number of gardens, was, in the large maintained. Since then the number has grown smaller, partly because the patriotic appeal has been removed and partly because the local truck vegetable industry is on the increase. In Yuma County gardens the chief vegetables grown are as follows: tomatoes, English peas, black eyed peas, beans of many varieties, broccoli, greens of many varieties, carrots, potatoes, squash, beets, cucumbers, corn, onions, okra, egg plant, peppers and radishes.

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Sub-Project B--Food Preservation

A part of the Home Demonstration Agent's time each month of the year is occupied with dispensing information on food preservation. This is because food material grows in Yuma County the year round. However, this presence of fresh food materials has made Yuma County not one which cans heavily. The practice is to preserve the surplus which occurs and to use it to supplement the fresh vegetables and citrus fruits of the long growing season. Such fruits as apricots, peaches, pears, plums, cherries do not grow to any extent locally.

For the past few years there has been rather large scale trucking of such fruits from California which has stimulated home canning. Then, too, since Yuma is located on the border of California, many home makers make rather extended visits to California orchards, when the fruit is ripe, for the purpose of canning the fruit.

The year 1943 saw an effort to make the drying of vegetables in Yuma County practical. Dehydrators were built in farm communities and two result demonstrations conducted. While the dried products were fairly palatable yet, without exception home makers preferred canned foods. Drying was not deemed of much practical use in Yuma County because surplus can better be conserved by canning or freezing. A possible exception may be the drying of figs. However, a special method must be used to prevent spoilage as follows:

Place the figs on trays in the sun protected from insects. (The figs should be separated from each other in single rows). Dry until they give in the hand when squeezed, not rattle. Then wash 20 minutes in cold water containing 4 ounces salt to each gallon of water. Dry again for one-half day. (The figs will plump again). Pile them up for a week or two to sweat, then pack in clean boxes or sterile jars and seal tightly to prevent further drying and to protect from insects.

In 1943, also, when pressure canners were being rationed, approximately one hundred new pressure canners were purchased in Yuma County. This has, in all subsequent years, helped materially the home canning of food materials. In all years past, some work has been done by the Agent in testing the accuracy of pressure gauges. She has, at present a maximum registering thermometer and tests gauges on request. However, Yuma County's dry climate together with sea level altitude tend to keep gauges accurate and to minimize the importance of such testing.

The years 1944 and 1945 saw the practice of home canning in Yuma County reach a new high. This was accounted for by the following:

1. High point value of commercially canned foods.
2. Increase in California fruits trucked into Yuma.
3. Surplus from vegetable gardens.
4. Increase in number of pressure cookers in the County.

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D. PROGRAM OF WORK (cont'd)

Last year and this year have seen a decided decline in canning in favor of freezing as a method of preservation. This is due to greatly increased facilities for freezing. In September of 1945, a commercial freezer storage locker plant was opened for trade with more than sixty percent of the rentals going to rural people. In addition the last two years have seen home freezer cabinets installed in a good proportion of the rural homes in Yuma County.

In August of 1945, the Agent attended a work shop on Freezing of Foods at the University. The School was under the direction of Miss Reva Lincoln, Extension Nutritionist. This work shop was good preparation for demonstrations and conferences in the county. At the University, the group used the new freezer cabinet located in the nutrition research department. The Agent came away from the work shop with a good comprehension of the principles and operations involved in deep freezing.

In October and November of 1945, demonstrations on freezing were given to Yuma County Home Demonstration Clubs and to the Yuma Garden Club, the Senior Delta Club and a Tenant Purchase Group from the Farm Security Administration.

During 1946 a demonstration on the preparation of foods for freezing was given to the Mother's Club of Yuma. In addition three repeat demonstrations were given to Home Demonstration clubs on request.

The Freezer Locker Plant has been going at top speed since the day it opened and they added to their initial capacity. Meat is the predominant thing stored.

There is a butcher employed at the locker and a charge made for cutting and wrapping. However there is considerable preparation for freezing done by homemakers and more and more freezing is superseding canning as a method of preserving vegetables and fruits which lend themselves to freezing.

During the current year, the Agent was twice called into the State Office for meetings on Food Preservation. The first of these occurred in March and its purpose was to acquaint all Agents with the new time table for canning vegetables and to plan a program for food preservation in the various counties.

The second of these meetings occurred in April and was a Frozen Foods School with the guest instructor, Mr. K. F. Warner, Meat Specialist, Extension Service, Washington, D.C. Subjects under discussion were as follows:

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The Place of the Locker in the Rural Community; Planning for the Use of Locker Space; Principles of Locker Plant Construction, Refrigeration and Costs; The Relation of Time and Temperature to Storage; Processing Fruits and Vegetables; Dressing and Packing Poultry; Meat Cutting and Wrapping.

Both of these above meetings have been helpful in forwarding Yuma County's Food Preservation program. Upon receipt of the new time tables for processing non-acid vegetables, explained at the March meeting, the Agent explained and distributed the time tables at all Home Demonstration Club meetings. She also publicized it in a radio broadcast and has supplied it to homemakers on request.

After returning from the Frozen Foods School, Mr. Al Face, Assistant County Agricultural Agent and the Home Demonstration Agent shared a fifteen minute broadcast over KYUM, telling the highlights of the school. This broadcast resulted in stepped up requests for information on both freezing and canning. At a Roll Home Demonstration Club meeting, the Agent prepared and wrapped chicken for sharp freezing.

Among the usual run of requests for information on preserving of food materials, that for processing fresh dates has headed the list. These the Agent answered with home visits, with phone calls, and with distribution of the Arizona Extension Circular, "The Home Curing of Fresh Dates in Arizona" and the Extension Folder W-37 "Home Curing of Dates."

Other requests include preservation of: okra, peaches, figs, cantaloupe, pickles, etc.

Sub Project C--Food Selection and Preparation

Work in food selection and preparation during the current year can be classified as follows:

1. Project work with adults.
2. Request work with adults.
3. 4-H club work.

The first project local leader meeting was held on March 26 with Miss Reva Lincoln, Extension Nutritionist giving the demonstrations assisted by the Home Demonstration Agent. The meeting was held in Yuma Valley at the home of Mrs. W. C. Lattie. Eight communities sent leaders.

The subject, which was previously selected at a County Council meeting, was "Grapefruit Desserts" and was selected because of the large surplus of local grapefruit in the vicinity of Yuma. The subject was exhaustively dealt with by Miss Lincoln with many grapefruit desserts actually prepared

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Sub Project C--Food Selection and Preparation (cont'd)

and samples such as: cocktails; broiled grapefruit; ambrosia; baked alaska; sherberts; mousse; charlotte; pie; cake filling; fruit basket; etc. A supply of leaflets was given each leader present for distribution in her own group.

Subsequent to this meeting, Home Demonstration Clubs featured the subject matter by club demonstrations. Whenever possible the Agent attending this meeting and worked with the Leaders. Most of the meetings were all day ones, that is club members came at ten in the morning and stayed through to late afternoon. Two Home Demonstration Clubs held two meetings each in order to cover all the subject matter given. Clubs included in such demonstrations are as follows:

Gadsden Home Demonstration Club
Rood Home Demonstration Club
Yuma Mesa, Somerton vicinity Home Demonstration Club
North Gila Home Demonstration Club
Sunnyside Home Demonstration Club
Wellton Home Demonstration Club
Roll Home Demonstration Club
Wednesday afternoon Club.

From these clubs, ninety four Home Demonstration Club members reported having used the directions given to prepare grapefruit desserts. It was not possible to obtain a complete report, however. One leader reported distributed twenty five leaflets to friends outside her club who requested the recipes for use. There have been many favorable comments on the work.

The second project local leader meeting was held November 6th with Miss Reva Lincoln, Extension Nutritionist again giving the demonstration assisted by the Home Demonstration Agent. The meeting was held at the home of Mrs. Frank Hartman, whose husband is a South Gila Valley rancher. Again eight communities sent leaders.

The subject, previously selected at a County Council meeting was "Holiday Meals" and featured the preparation and roasting of a turkey. Before the demonstration, a chicken was cleaned and stuffed ready for the oven. This was put in the oven to roast at the beginning of the demonstration. A New York dressed turkey brought at a local market by the Home Demonstration Agent was then used to show all the steps in cleaning and stuffing a turkey. Points stressed were: killing and dry picking versus scalding with hot not boiling water; head and feet left on the bird at time of killing; removing pin

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feathers using [✓]crochet hook #8; removing tendons, seven at back and two at front of each lower leg using wooden clothes pin; skin cut an inch or more below knee joint before dis-jointing and severing feet; neck severed from head with no loss of neck; bird given soap and water bath using brush; incision made in skin at back of neck and neck drawn through to be cut at body line, leaving skin in front of insert; crop tied off before being cut from alimentary tract; T shape or band shape incision made for drawing the turkey; stuffing, skewering, fastening wings and legs to body; larding and salting.

The chicken roasted during the demonstration was carved as a demonstration and eaten by the leaders at lunch. A mimeograph sheet, prepared by the Specialist, gave a suggested holiday meal menu, which included a "Horn of Plenty" Pie. This pie is particularly good for Yuma County because it uses dates and pecans, locally grown products. It is a one crust pie combining cranberries with the dates and nuts. This recipe the Agent made up ahead of time and the Leaders had small wedges of pie at lunch time. The meeting closed with a discussion of centerpiece decorations for the Holiday meal.

Since this Leader meeting there has not been time to give this demonstration back to all communities. It has been given successfully at the Roll Home Demonstration Club cooperatively by the Agent and the Leader and there is no doubt that it will be given in all communities represented. A report of results will be included in next year's annual report.

Request work with adult include the following: Making holiday sweets; Pressure Sauce Pan cookery; Meals for Special Occasions; Child Feeding; Removing Skins from Chili Peppers, etc.

This November has seen numerous requests for demonstrations on the making of Holiday sweets with emphasis on fondant and its possibilities. This is undoubtedly due to the release of sugar rationing and homemakers want to again make home made confections. In response to this the Agent has given demonstrations in which she has made fondant and worked it up into various formed confections, of course teaching the underlying principles which take the guess work out of candy making. Such demonstrations have been given to the following clubs: Gadsden Home Demonstration Club; North Gila Home Demonstration Club; Senior Delta Club. There are more such requests for December.

Pressure Sauce Pan Cooking requests are largely a result of work on the subject given in February of 1946. A brief review of that is as follows:

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Miss Reva Lincoln, Extension Nutritionist, came to the county for two day's work and the Agent spent a very profitable time with her on the subject of Pressure Sauce Pan Cookery. Miss Lincoln brought her own Flex Seal Sauce Pan; Miss Virmond, Home Demonstration Agent at large, generously loaned her Presto Sauce Pan; the factory shipped a Mirro-Matic saucepan; a local store loaned a "Minute-Saver" Universal saucepan, which they had in stock. The first day was spent in a work-shop making comparisons of the sauce pans and formulating a demonstration on the preparation of a Pressure Sauce Pan Meal. The menu selected included: Swedish Meat Balls; Broccoli; Apple Brown Betty. The second day this demonstration was given to the Roll-Wellton Home Demonstration Club.

During 1946, this demonstration was relayed to all Home Demonstration clubs. Pressure sauce pans have since become a standard piece of equipment in a great many Yuma County homes and the Agent answers numerous inquiries concerning their use.

The Agent during the year has been called on to help with the planning of certain meals for special occasions. Within narrow limits, the Agent feels that these occasions offer opportunity for getting across Home Demonstration teachings. An example was a dinner served to approximately two hundred and fifty people when the table decorations were adapted from suggestions made at the "Citrus Dessert Leader meeting". During the year there have been five meals for special occasions with which the Agent has been either Committee Chairman or a committee member.

As previously explained the Home Demonstration office receives requests for the Children's Bureau bulletins on PreNatal Care; Infant Feeding; the PreSchool Child. This comes about from a habit established a decade and a half ago when the Home Demonstration office gave an intensive course in Child Care. This current year has seen such requests made every month. At present the office is out of bulletins and until a new supply is obtained, requests can not be taken care of.

The Agent has distributed bulletins from the state office entitled "Can Tomatoes and Chili Peppers Together". The method given in the bulletin for skinning chili peppers using hot paraffin has created interested and, on request the Agent demonstrated the method to the following: Rood Home Demonstration Club; North Gila Home Demonstration Club; Roll Home Demonstration Club; Gadsden Home Demonstration Club.

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D. PROGRAM OF WORK (cont'd)

This year has seen a material strengthening of 4-H Meal Planning and Food Preparation work in Yuma County. This has been accomplished mostly by increased interest created by the Junior Agricultural Fair resulting in securing local leaders from the various communities. As before explained Meal Planning has been almost without exception a project carried in addition to clothing rather than instead of clothing.

This November, when Miss Reva Lincoln, Extension Nutritionist, was in the County, a 4-H Meal Planning Leader Meeting was held at the Agent's home. Leaders from the following communities attended: Roll; Wellton; Rood; Crane; Sunny Valley; North Gila; Yuma Valley. While this was not a hundred per cent in club representation, it was by far the best attempt so far in Leader response to 4-H Meal Planning work. The meeting began at four in the afternoon and two hours were spent in studying methods of presentation of club literature. Leaders were much interested in suggestions for demonstrations as well as the general order of procedure outlined. At six o'clock, the Leaders were served an evening meal using the turkey which had been used for demonstration the previous day at the Home Demonstration Leader meeting.

Undoubtedly demonstrations at the Fair both this year and last have awakened communities to some of the possibilities of 4-H Meal Planning Club work. This year, clubs chose to work on the following demonstrations: Accurate measurements; Table Setting the 4-H Way; Making a Simple Salad; Outdoor Cooking; Making a Magic Lemon Pie; Making Yeast Bread Dough; Forming Rolls from Yeast Bread Rolls. During the year the Agent met with the various clubs and their leaders in the interest of demonstrations, helped them with outlines, with practices, with props, and in anything that would encourage the cause. All Meal Planning Clubs practiced demonstrations during the years. Those giving demonstrations at the Fair were as follows: Gadsden; Rood; Crane; Sunny Valley; Yuma Valley; Wellton; Parker; Stitch & Cackle; Las Aguilas; Jolly Commuters.

After the Junior Agricultural Fair, the Agent spent some time in preparing winning Meal Planning Demonstration teams for participation in the State 4-H Round-Up Demonstration Contest and the high scoring individual for the "Food Showmanship" contest. Two senior Meal Planning Teams were included as follows:

Dairy Foods Demonstration--Stitch and Cackle Club--representatives, Betty Jo Frauenfelder and Mary Lott--subject "Bread with Milk, the 4-H Way".

Food Preparation Demonstration--Jolly Community Club--representative, Louise Headington and Anna Jean Shipp--subject "Outdoor Meals".

One Junior Meal Planning Team was included: Food Preparation

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Demonstration--Sunny Valley Club representative, Betty Bickers and Faith Hamilton--subject "Forming Rolls from Yeast Dough".

The "Food Showmanship" contestant was chosen because of being high individual scorer at the Fair. This was made the basis for choice because there was not time to organize a county contest after the contest was established at the State Office.

The Dairy Foods Demonstration team, as previously explained won the State contest and as a result each team mate will receive a fifty dollar war bond from the Kraft Cheese Corporation. The central theme of the demonstration was that an abundance of dairy products should be used in the making of bread. The outline submitted for the demonstration is as follows:

Introduction

- (a) Team announcement
- (b) Theme for demonstration
"The dietary should be built around bread and milk".
- (c) Home made Rolls versus Baker's bread from the nutrition angle.

Main Body

- (a) Exhibit raised dough
- (b) Test for lightness
- (c) Preparation for forming
- (d) Advantages of quick method, refrigerated dough
- (e) Form Clover Leaf and Crescent rolls
- (f) Exhibit glass of milk and baked rolls

Sunnary

- (a) Rolls can be easily made at home by the quick method and for greater convenience, the dough can be refrigerated.
- (b) Home made bread is more nutritious than Baker's bread because of its increased amounts of dairy products.
- (c) Home made bread and rolls give variety and make meals more Appetizing.

The "Outdoor Meals" demonstration was a Red Ribbon winner while the Junior Meal Planning Team were Blue Ribbon winners being adjudged the best in their particular division.

The "Food Showmanship" contestant created much interest at the Round-Up because instead of being a girl, he was a boy, Eugene Ochoa, from Crane School. Eugene came out second in the Round-Up contest but he presented quite a colorful figure both because he was a boy in a food preparation contest and because he wore a baker's high white starched hat and a butcher's white apron.

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A discussion of Food Selection and Preparation activities in Yuma County during 1947 should not be closed without mentioning broadcasts. As before mentioned, the Home Demonstration Agent has taken her turn with the County Agricultural Agents in filling a weekly fifteen minute broadcast time over KYUM. She has given a total of nineteen such broadcasts and with each of these she has included timely suggestions for food selection and preparation. From the number of responses to these discussions, the Agent knows that her audience has been considerable and that the suggestions given are being used by Yuma County homemakers.

XIV. CLOTHING

Since the beginning of Home Demonstration work in Yuma County almost three decades ago, Clothing has been perhaps its strongest program. It is no wonder that there are now a nucleus of women who have learned many clothing Home Economics technics. These women are scattered through all communities and act either formally or informally as leaders. Because of the added demands made upon the Agent's time by an expanding 4-H program, the Agent, has whenever possible, left formal instruction to these leaders. That is, there have been fewer adult demonstrations in clothing work given by the Agent this year and last as compared with previous years. The program as presented by the State Clothing Specialist this current year has expanded the long time program and so it seems best to tell of it in its relationship to the teachings of other years.

Sub-Project A--Selection

Selection of materials has been a repeat program from time to time as market conditions have changed. In 1942, "Identification of Fibers", was presented at a Leader meeting and in turn was given to all Home Demonstration Clubs. As a result it could be said that Yuma County women truly became acetate rayon conscious.

Then, market conditions changed. The war brought a very limited choice of materials in the stores. It was necessary to watch the stores from day to day in order to obtain material no matter what the quality. Yardage did not stay on the merchandise shelves more than a few hours at a time. During this period the work on identification of fibers was not used so much for a purchase guide as it was used to help with proper care of material. During the period the Agent gave instructions for identification of fibers as a care of clothing procedure and leaders in all communities did the same.

This current year, since new materials are again appearing in the stores, it was deemed wise to again study selection of materials. For that purpose, Miss Helen Church, State Clothing Specialist, came to the county early in October. She brought with her an excellent

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exhibit of the new materials which were classified as cotton; Rayon; Nylon; combination Nylon and Rayon; Fire Resistant fabrics; Materials (wool, cotton, linen) specially treated for overcoming laundering and wearing shortcomings. She had also prepared a bulletin on the use and care of new materials. Copies of this have been used for study.

Because of the nature of the material it seemed wise for the material to be given first hand by the Agent to the individual clubs. For this reason, a meeting was planned with the Roll Home Demonstration Club. However, since the Roll community has received much publicity because of the Wellton, Mohawk project, notices were sent to the membership list of other Home Demonstration clubs. As a result women were present from the following communities: Rood; Crane; North Gila; South Gila; Somerton; Wellton; Roll. The meeting began with a pot luck luncheon and then Miss Church took over. The key note of her demonstration was the importance of reading labels, and the importance of insisting on finding before purchase such terms as "sanforized" and "Vat-dyed" for cottons, etc. Each swatch of the exhibit was explained and every one was thrilled to know what is being done to improve old friends such as chambrays, gingham, corduroys, organidies, piques, etc., as well as to know of the lovely materials being made from nylon and nylon combined with rayon. The shrink resistant treatment for woolens also came in for favorable comment. All in all it was a comprehensive and very worth while study and all the women expressed themselves very favorably.

Since Miss Church was in the county, this work has been given back to the following clubs: Rood Home Demonstration Club; Gadsden Home Demonstration Club; Yuma Mesa and Somerton vicinity Home Demonstration Club; North Gila Home Demonstration Club; Wellton Home Demonstration Club; Wednesday Afternoon club; Parker Woman's Club.

Each December, the Agent has certain request meetings in preparation for Christmas. Since requests for December, 1947, originated from material selection in previous years, it is being told here. There has been garment construction work with feed sacks when they could be obtained and something new could be shown with them. So, when in 1945, the Cochise County Home Demonstration Agent demonstrated the stencilling of designs on feed sacks at a State Conference, the Agent traced off many lovely designs and later prepared them as stencils. This stencilling has proven very popular and the current December six such request meetings were held with as many Home Demonstration Clubs. The Agent also loaned stencils and her Textile painting set on request.

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Sub Project B--Construction

Garment construction techniques have always been popular with Home Demonstration Club members in Yuma County. The chief achievement in this field this current year was the adoption of short cuts in sewing from a Leader meeting conducted by Miss Helen Church on January twenty fourth. This took the form of an all day meeting held at the Agent's home.

The following clubs sent Leaders: Roll Home Demonstration Club; Wellton Home Demonstration Club; North Gila Home Demonstration Club; Rood Home Demonstration Club; Yuma Mesa and Somerton vicinity Home Demonstration Club; Gadsden Home Demonstration Club; Sunnyside Home Demonstration Club; Wednesday Afternoon Club. Miss church wrote a bulletin for this meeting entitled "Save Time by Short Cuts". Specific things demonstrated were as follows: Sewing equipment featuring the importance of good scissors, an iron and ironing board, correct working heights, skirt makers, basting brick, and a clever wrist pin cushion; making good use of a sewing machine, using seam guide attachment, hemmers, etc., edge stitching pleats in skirts, slacks, etc; making and using bias including making bias binding, cording, etc; an easy belt lined with grosgrain ribbon; trimmings as points for dresses, etc; making turned stitch edges both convex and concave; a Jiffy method of putting in zippers; "Dot Snapper" kits.

The short cuts taught at this meeting have proven very popular not only in adult groups but in 4-H groups as well. The work was given back to all Home Demonstration Clubs and in addition on request by the Agent to the Lutheran Ladies Auxiliary; the Yuma Delta Club; a special Yuma vicinity Mother's Club.

One hundred seventeen home makers reported using one or more short cuts in sewing. There were doubtless many not reported. It is interesting to note that the February, the Agent checked with the local sears store and found that in one day there had been orders placed for thirty five "Dot Snappers" kits. This was obviously a result of the meetings.

As before mentioned 4-H Clothing Clubs made use of the short cuts in their work under the sponsorship of their leaders. They made wrist pin cushions, used the sewing machine seam guide attachment, put grosgrain ribbon in their belts, made point trimming, bias banding, turned edges around the neck and armholes of their garments by directions, used the Jiffy Method of putting in zippers, used "Dot Snapper" kits.

When the Junior Agricultural Fair came along these short cuts appeared as contest demonstrations as follows: The New Way to Put in a Placket; Putting on Fasteners without Sewing; Making Point Trimming.

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This current year, the Agent has conducted two request meetings on Basic Patterns. These were carry overs from the previous year, when, in April, the Clothing Specialist held a two day local leader meeting on the subject. There would have been more such meetings this year but the Agent's program has been too crowded for her to devote her time to it and leaders have felt the method a little too involved for them to undertake it.

Other meetings of a clothing construction nature include two meetings at which the Agent demonstrated and distributed copies of the government bulletin on "Fitting the Dress you Make". Because of urgent request one Home Demonstration club meeting was devoted to the subject of Sewing Machine attachments. The Agent secured the help of the local Singer Sewing machine representative and together they demonstrated. There were three sewing machines of different makes on hand and after an introductory demonstration, the women worked at using attachments. As a result of this meeting, the Home Demonstration Council selected Sewing Machine Attachments as a subject to be studied during the year 1948.

In two instances the Agent has given instruction for the making of window drapes. In both cases there were meetings for the actual construction of the drapes. In both instances, the government bulletin on Window Curtains were supplied to the homemakers.
Sub Project C—Economics

Clothing economics has been carried for several years under the guidance of the State Clothing Specialist and under the caption of "Care of Clothing Series". The first of the series, namely "Identification of Fibres" has been reported under selection of clothing. The second of the series comprised a local leader meeting on "Laundering Techniques" with subsequent community meetings. The third was on "Dry Cleaning" which included a demonstration on the use of home made pressing equipment. Then came two county wide programs on mending. All of these programs are now more than three years old but their teachings are at present being used by Yuma County Home Demonstration Club members.

In 1944, the "Care of Clothing Series" branched out into Clothing Storage. During the year the State Clothing Specialist conducted one local leader meeting and one Home Demonstration Club meeting on "Clothing Storage". The Manual Training centers at Somerton and at the Mohawk School in Roll were chosen as meeting places because they afforded the use of shop equipment. The phase of storage chosen for discussion was storage of shoes and sewing equipment. The Specialist brought along illustrative material in the form of shoe racks and portable sewing cabinets and after a discussion period, the women chose differently to make floor shoe racks, a door shoe rack, and portable sewing cabinets. In Somerton a follow-up meeting was held at which time an additional number of the above articles were made. The women reported good use of all articles.

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In 1945 two groups who were not privileged to be part of the above meetings, made portable sewing cabinets as follows:--The North Gila Home Demonstration Club began with an all-day meeting at the school house. The Agent secured the necessary materials for the frames at a local lumber yard and during the day twelve frames were completed ready for painting. It took two additional afternoon meetings to finish the cabinets but the results were very satisfactory. The different linings and fittings made a lovely colorful showing. The cabinets are meeting a real need with the women and are something which should last a lifetime.

Last year and this current year there have been several reports of sewing cabinets having been made and ~~the~~ home economics department borrowed the Agent's cabinet to use it as a pattern for a cabinet to be a part of a Future Home Maker Exhibit at the State Fair.

Home Demonstration Clubs have taken part in the Consumer Speaks program by conducting a round table discussion on house dresses. These clubs filled in questionnaire sent from the American Home Economics Association. These questionnaires were forwarded to Miss Church, State Clothing Specialist, who in turn used them in compiling a state report for the Association.

Sub-Project D--4-H Clothing

The Junior Agricultural Fair has considerably altered the activities of the Agent with 4-H clothing club work. In January she has had to begin stressing preparations at all club meetings, etc.

In January of this year, the Agent contacted all leaders and clothing club members in the interest of the Fair. Not only were girls reminded to work to complete their projects, but plans were begun for demonstrations.

In February clothing clubs were, without exception, working hard for completions in time for the Fair. Work was somewhat curtailed because of shortage of materials, but many devices were used to overcome the difficulty and it began to appear that there would be a representative clothing exhibit. There were an increased number of older (senior) girls making costumes which gave promise of a real contest for Dress Revue representative.

By March the Agent's program became so crowded, it was necessary for her to limit her activities to helps to leaders and in the instance of advanced girls, some direct helps in garment construction. These girls were working on dresses and suits. 4-H clothing demonstrations also claimed a share of the Agent's time. The following demonstrations were in the making: The New Way to Put in a Placket; Setting in Sleeves; Making Worked Button Holes; Sewing on Fasteners; Putting on Fasteners without Sewing; Making Point Trimming; Cutting True Bias; Making a Sock Doll; Washing woolens, Glue Method; Making a French Hair Braid; Shining Shoes the 4-H Way; Stencilling; Curing Skins for Furs.

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In April came the Fair. The Agent was very gratified at the number of clothing entries and the number of clothing demonstrations given both of which showed an increase over the previous year. There were seven senior clothing demonstrations and fourteen Junior Clothing demonstrations. Without exception good illustrative material had been worked out for the demonstrations and the contestants actually performed the technic which they were demonstrating. In most cases demonstrations were given by a team of two. In a few instances demonstrations were solo.

The winning Junior demonstration team was from the Sunny Valley Club. The girls were Barbara Brandon and Betty Williams. The subject of the demonstration was "Making Worked Button Holes". This team had worked out a set of posters as well as an enlarged set of samples. They worked a button hole on a piece of material tacked to an improvised frame. This team was also awarded a trip to the L-H Round-Up.

The Dress Revue at the Fair was participated in by more than a hundred L-H girls wearing dresses and aprons which they had made. There were many pretty costumes and from these Mabel Rohrbough of the Las Aguilas Club was chosen winner in the school dress division; Joan Cannon of the Jolly Commuters in the best dress division; Ona May Sims of Somerton in the informal party dress division; Billie Simons of Rood in the tailored suit division. Billie Simons was declared the over all winner and thus the county representative at the State Round-Up. Her suit, as before told was of aqua marine gabardine with a lined jacket. Her accessories were black, her blouse of sheer white and she made a white slip.

Dorothy Lattie won again on points for Yuma County Clothing Achievement representative. This year, Dorothy made a suit for herself from an old one of her mothers. The suit was a pretty shade of red and Dorothy combined it with black and white check material in a very effective and becoming style. She also redecorated her own room including painting, making of drapes, bed spread, dressing table stool, etc. She has a fine record including more than a hundred garments made for herself, her family and some for outsiders. She has a very fine scrap book, telling in a well organized way of her accomplishments.

At the State Round-Up, Yuma County Clothing Contestants placed as follows:-

Dress Revue--Billie Simons--State Winner
Senior Demonstration Team--Placed second in the Division
Joan Cannon and Dorothy Lattie
Junior Demonstration Team--Placed third in the Division
Barbara Brandon and Betty Williams.

Later in the summer, the County Clothing Achievement Contestants were judged and Dorothy Lattie placed second in the state.

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As this report is being written clothing clubs have been organized for the year 1947-48 and are meeting regularly. There has been one leader meeting at which time Miss Church, State Clothing Specialist, has instructed clothing leaders in the project requirements. The meeting was well attended. Those who could not be present have since been contacted with a review of the subject matter, by the Agent. Prospects are good for a year ahead with a high percentage of achievements.

Sub Project A--Selection

The year 1947 has seen a Home Management Specialist added to the State Staff in the person of Miss Grace Ryan. To date she has been in the County but once for adult work at which time her subject was "Kitchen Storage". However, during the year 1946 a leader meeting on "Clothing Storage" was conducted by Miss Dryden, State Clothing Specialist and which served to introduce the advantage of planned storage. At this 1946 meeting, the principal interest was arrangement of dresser drawers. Leaders were asked to bring dresser drawers from home and they made divisions which would facilitate orderly and convenient storage. Quarter round cleats were cut to measurements and mailed into some of the drawers and sliding horizontal divisions made to run back and forth on these cleats. Vertical divisions were also made, some of cardboard and some of plywood or pieces of wood cut from orange crates and planed to smoothness. The results of this leader meeting were taken back to all Home Demonstration Clubs.

The leader meeting on Kitchen storage was held on May 15th of this current year at the Agent's home. The meeting began at ten o'clock in the morning with leaders from the following clubs present: Gadsden Home Demonstration Club; Rood Home Demonstration Club; North Gila Home Demonstration Club; Roll Home Demonstration Club; Yuma Mesa, Somerton vicinity Home Demonstration Club; Sunnyside Home Demonstration Club; Wednesday afternoon club.

The specialist brought with her excellent illustrative material and the morning was spent in discussing things that can be done to improve kitchen storage following the theme of making the kitchen work for the homemaker, rather than the homemaker working for the kitchen.

In the afternoon, the group was taken for a tour of the Manual Training Center at the Yuma Union High School. The instructor in charge demonstrated the proper use of such tools as: cross-cut saws; rip saws; chisels; rasps; planes.

The entire day was well spent and the leaders expressed themselves as judging the subject matter practical and very logically presented.

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Miss Ryan, the Specialist, left her illustrative material for use in the individual club meetings. It included suggestions for stagger and vertical sectioning of shelves and drawers to make for convenient kitchen storage; devices such as knife holders, spice shelves; arrangement of equipment to make for saving labor; etc. There was a file of picture clippings and an ample supply of a reprint of the Country Gentlemen, May, 1946, article entitled "Better Kitchen Storage."

This material furnished material for excellent meetings on "Kitchen Storage" in all Home Demonstration clubs.

Complete returns from these meetings have not been, as yet, obtained. So far seventy six home makers have reported using at least one suggestion. They are being asked to report as follows:

1. Did you score your kitchen?
2. Have you made a labor or time saving improvement
3. Have you
 - Fixed a better work area
 - Stored items near job
 - Planned storage to fit articles
 - Protected articles
 - Studied storage for articles seldom used.

This fall 4-H club work in Home Management has been started using bulletins written by Miss Ryan. The bulletins contain much helpful materials but, as yet, there has not been time for results.

As in previous years household accounts and budgets have been discussed, round table fashion, at some meeting of all Home Demonstration Clubs during the year. As nearly as the Agent can ascertain all rural families are keeping accounts. However, most of them continue to prefer following their own methods and the wall calendar continues to be a favorite method of jotting their expenditures down. Only a small percentage of Home Demonstration C Club members actually make a budget for the year. The consensus of opinion is that it is more difficult to predict expenses at present time than in pre-war years.

Sub Project B—Construction

Home Demonstration Clubs have been working with upholstery and slip covers for a good many years, so there is a good share of experienced information on the subject in all communities. Because of a full program, the Agent has personally supervised work meetings only when it was necessary to maintain standards. The meetings personally supervised represent only a small percent of the work accomplished. A schedule of the Agent's activities is as follows:

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In December one work meeting was held resulting in a davenport completely covered and directions given for the covering of two over stuffed chairs. This was a slip cover meeting rather than an upholstery meeting.

In January one work meeting resulted in the covering of a davenport and overstuffed chair.

In February the Agent answered four requests for advice on making slip covers.

In May there was one work meeting on upholstery.

In July two work meetings were held on slip covers and one meeting on upholstery. As a result of these three meetings, three chairs and one davenport were recovered. In one case there had to be extensive tying of springs. All pieces of furniture were professional looking when finished and the groups delighted with results. Three pieces were finished with pleated ruffles.

In August in spite of the extreme heat, one work meeting was held resulting in a chair and couch successfully covered. In September two meetings were held. At one of these meetings, the hostess had attended a previous meeting on upholstery and had as a result covered two over stuffed chairs and two bed room chairs. However, she had purchased a crescent shaped davenport from the air field equipment. It fitted into a particular nook of her living room, but it had to be recovered and because of its unusual shape, she was afraid to attempt the job alone. A local upholstery firm wanted ninety dollars for the job.

Nine women worked under the Agent's direction and an excellent finished product resulted. The hostess had chosen a figured material combined with plain which repeated colors already in the room.

There have been several requests for help with kitchen storage during the month. In each case, the homemakers were building or remodeling kitchens. The agent has used material furnished at the leader meeting on kitchen storage to answer these requests.

One meeting each during October and November were held on slip covers.

The Agent is sorry not to be able to report concrete results from the Extension School on Housing held at the University in October of last year. Home Demonstration Club members are much interested and there have been round table discussions in meetings. It is hoped that some thing concrete can be done as a cooperative movement including rural men and women.

Miss Mariel Hopkins
Home Demonstration Agent
Yuma County, Arizona
1947

D. PROGRAM OF WORK (cont'd)

Soap making continues to be practical among Home Demonstration Club members. The Agent has sent the mimeographed directions on request—directions using borax, ammonia and citronella in addition to the regular ingredients, and which gives a very satisfactory soap.

XVIII. Community Activities

Sub Project A.—Related Agencies

Both last year and this first place on the list of helps goes to the Yuma Senior Chamber of Commerce and to the Crane School. It was the Chamber of Commerce which furnished funds for all cash prizes at both Junior Agricultural Fairs. The Crane School has been host both years for the Fairs and for the Recognition Banquets. The school has spacious grounds and two large buildings one of which has recently been built including a large auditorium. As some one said "It's a natural for 4-H club events". Not too much can be said for the splendid cooperation of the school principal, Mr. Warren Sirrine.

The first of July, the Agent took over the office of President of the Arizona Home Economics Association. As such she has set up the state association organization which functions as a subsidiary to the American Association. To better understand her duties, the Agent took time off last June to attend the American Association Convention in St. Louis. The meetings were impressive, well balanced and excellent in every way. The Agent spent a very busy week attended as many general, divisional and sectional sessions as possible. The Extension Service sessions were particularly well attended and gave high lights of programs in other states: a Rural Health program; Radio Techniques; a Career leaflet; Recruitment of Home Demonstration Agents; Housing; Family Living. Of particular interest was a symposium on the subject "Farm and Home Planning as a Means to Better Living". Members of the Missouri Extension staff in particular explained the program as developed in Missouri. This was augmented by an explanation of the program in Kansas and in Nebraska. In a session of the Art Division, a Fashion Show was presented to show trends of new fabrics, color, line and design. In a session of the Food and Nutrition Division, a report on the benefits of increasing the nutritive value of yeast bread was given titled "A Nutrition Loaf". At a general meeting, Mrs. Raymond Sayre of the Iowa Farm Bureau Federation, gave an address titled "The Home Maker as a Citizen". This was one of the highlights of the entire convention. Mrs. Sayre set forth the supreme importance of women being informed and exercising their rights as citizens. The Exhibits of the Convention were wonderful. The Agent spent every spare moment in the exhibit auditorium and received many helpful ideas. Before leaving, the Agent attended the state President's meeting. A morning and afternoon session were devoted to plans of work on a state level for Home Economic Associations.

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D. PROGRAM OF WORK (cont'd)

Two meetings of the Arizona Association were as follows: On March 29, the Agent attended the spring meeting in Phoenix. The morning session was taken up with election of officers and with a paper on present day findings in nutrition by Dr. Marietta Eichelberger. At the luncheon meeting a Mr. Lambert told of the functions of the Better Business Bureau. Approximately seventy five Home Economists attended and the meeting was very successful. The Agent borrowed some nutrition charts for use at the Yuma County 4-H Fair.

On November 8, the Fall meeting was held in Phoenix in conjunction with the Arizona Educational Association. The meeting included a business session in the morning and a luncheon including the following program: "Highlights of American Home Economics Convention in St. Louis" Arizona members who attend; Address—"The Effect of the War on the School and Home In Europe" Dr. Grady Gammage, Arizona State College, Tempe; Illustrated Lecture—"A glimpse at the House of Ideas"—Miss Faye C. Jones, University of Arizona, Tucson.

Iota Chapter of the Honorary Education Society, Delta Kappa Gamma, was installed in Yuma County in 1944. The Agent was invited to be one of its charter members and was initiated.

Last year Iota chapter sponsored a round table discussion on Peace. The meeting was held in Somerton and was participated in by the Agent and several Home Demonstration Club members.

This current year Iota chapter has sponsored periodic ^{forums} forms at the Yuma Union High School auditorium on such topics as: The Legislative Measures up for Vote; Inflation; Modern Science will Destroy or Save Mankind. These ~~Forms~~ ^{forums} were well publicized, largely attended by people from Yuma and vicinity and stimulated much constructive thought.

Other related Agencies include church organizations, Yuma Union High School, and local civic clubs.

SUB PROJECT B--CONFERENCES

For the current year, conferences may be divided into two groups as follows:

1. State Conference
2. Conferences within the County.

The State Conferences chronologically were:

December--Arizona Home Economics Association Meeting, Tucson
January--Annual Extension Conference, Tucson

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D. PROGRAM OF WORK (cont'd)

March--Home Demonstration Conference on Food Preservation, Tucson
Arizona Home Economics Association Meeting, Phoenix
April--State Extension School on Freezing Foods, Tucson
June--State 4-H Club Round-Up Tucson
State Country Life Conference, Tucson
August--State Home Demonstration Conference on 4-H Club Work--Prescott
November--Arizona Home Economics Association Meeting, Prescott, ~~Phoenix~~

An innovation at the Annual Extension Conference this year was that all sessions were general, none were sectional, that is, none for Home Demonstrations Agents alone. All meetings were highly informative. The Agent particularly enjoyed the teaching methods discussions of Dr. Cruz from the College of Education at Cornell University.

A total of nine Home Demonstration club members were delegates to the County Life Conference in June as follows:

Mrs. Emogene Smith, Rood	Mrs. Cleo Cannon Rood
Mrs. Beryl Cravens, Gadsden	Mrs. Jewell Jones, Crane
Mrs. Adele Wright, Roll	Mrs. Clyde Gaines, Roll
Mrs. Howard Smith, Wellton	Mrs. Frankie Smith, Wellton

For one reason or another, this number was smaller than those who planned to attend. However, it represented an increase over last year and all those who did attend were enthusiastic in their praises. The visit to the Cancer Detection Center was mentioned as of first importance by those who took the tour. The panel discussion on Juvenile Delinquency was also mentioned as outstanding.

The Country Life Conference this year immediately followed the 4-H Round-Up. Since the Round-Up has been discussed elsewhere in the report it is omitted from discussion here.

County and State Home Demonstration workers joined for a week's conference at Prescott. Since the subject under discussion was 4-H club work, Mr. McKee directed the subject matter part of the conference. Home Economics projects and policies were thoroughly discussed and decisions were made for the program beginning this Fall. A very helpful and enjoyable week was spent.

Conferences within the County have been largely carried in foregoing discussions concerning project activities. Special attention should probably be drawn to the following:

There have been two meetings of the Home Demonstration County Council during the year. Both of these have taken the form of a luncheon at the Agent's home followed by a business meeting. The first of these occurred in February and was attended by Miss Jean Stewart, State Leader of Home

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D. PROGRAM OF WORK (cont'd)

Work. Representatives from the following clubs attended:
Wellton Home Demonstration Club; Rood Home Demonstration Club;
Gadsden Home Demonstration Club; North Gila Home demonstration
Club; Roll Home Economics Club; Yuma Mesa-Somerton vicinity
Home Demonstration Club; Sunnyside Home Demonstration Club;
Wednesday afternoon Club.

The second of these meetings was held in September. At this meeting, a schedule for meetings of Home Demonstration Clubs was worked out. Subjects for meetings were discussed and decisions made for the work of the Specialists during the coming months. This meeting was attended by twelve county council members representing the following clubs: Roll Home Demonstration Club; Wellton Home Demonstration Club; North and South Gila Home Demonstration Club; Mesa and Somerton vicinity Home Demonstration Club; Sunnyside Home Demonstration Club; Rood Home Demonstration Club; Gadsden Home Demonstration Club; Wednesday afternoon club.

The Agent attended three meetings of the 4-H County Council during the year. The first of these occurred February first when the 4-H County Council met for a luncheon meeting at Clymer's Tea Room. Beside members and leaders, the council had as its guests representatives from the Senior Chamber of Commerce, from the High School, F.F.A., from the Yuma Daily Sun and the Principal of Crane School. The chief topic under discussion was the Junior Agricultural Fair, and the dates were set as April 11th and 12th. Tentative Fair catalogs were distributed for approval.

The second County Council meeting was held in July in the Court House. The purpose was to legislate plans for the 4-H Camp in August.

In October the third meeting was held following the 4-H Leader Training Meeting at the Episcopal Parish House. This time the Council passed on plans for the Recognition Event a week later.

The 4-H Leader Training meeting held in October was, by far, the most successful one ever held in Yuma County. State Office representatives who took part were as follows: Kenneth McKee, State 4-H Club Leader; Harvey Tate, Horticulture Specialist; Grace Ryan, Home Management Specialist; Helen Church, Clothing Specialist. Twenty-six leaders were in attendance including two who came across the desert from Quartzsite for the event. The morning session began at ten and the program and a demonstration by Mr. Tate on the preparation of a flat for seeding. The purpose of the demonstration was to stimulate a discussion of what is good and what bad in giving a demonstration. At noon the group were guests of the Rotary Club for a luncheon at Clymers. In the afternoon, the group divided and for Home Economic

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D. PROGRAM OF WORK (cont'd)

projects, Miss Ryan and Miss Church ^{took} turns going through the Home Management and clothing projects, explaining and giving helps. Because of lack of time, the Meal Planning project was discussed with the leaders in November, when Miss Lincoln was in the County rather than at the meeting.

Because of extenuating circumstances one visit from a State Specialist at the request of the Agent has not as yet brought results but plans are in progress. That is, during February, Mr. Jerrol Cain of the state staff was in the county. While he came at the initial request of the Home Demonstration Agent his time was shared with the County Agricultural Agents. He came originally to see what could be done about Rood School. It is being used as a community center building and the Home Demonstration Club members are anxious to make use of funds which are available for installing indoor toilets and kitchen facilities. After studying the set-up and conferring with local people, Mr. Cain returned to the University, drew up plans and these were turned over to the people of the community. There seems to be a possibility, at present, that the building will be again used as a school building and until this is settled no more can be done.

Sub Project C—Publicity

Publicity may be classified under three heads as follows: newspaper; radio broadcast; circular letters; mimeographed newsletter, etc.

The Yuma Daily Sun, which is the local newspaper, has this year gone through reorganization because of the death of the Editor. His son took over the paper and one of the changes was the creation of a Farm and Ranch page each Saturday. This page has given regular publicity to 4-H club work as well as other activities of the Extension program. The paper has otherwise continued the splendid support of previous years, and from time to time as the need has arisen, news articles have been published.

As before told, the Home Demonstration Agent from time to time has given a fifteen minute broadcast over KYUM, Yuma. Most of these were given as her share of a regular weekly fifteen minute broadcast series given under the auspices of the County Agricultural Agent's office. Some of these dealt with Home Economics subject matter, while other publicized special events as Junior Agricultural Fair; Country Life Conference; State 4-H Round Up; 4-H Camp; 4-H Recognition Banquet; 4-H Exhibit at the State Fair; Regular Home Demonstration Club meetings and special Leader meetings.

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D. PROGRAM OF WORK (cont'd)

There have also been mimeographed newsletters sent to all the mailing list, and, as before told, a monthly 4-H newsletter published cooperatively by the Assistant County Agricultural Agent and the Home Demonstration Agent.

Sub Project E—Achievement Days

This subject has been pretty well covered in previous discussions. Either through the 4-H Fair, the Recognition Banquet, or individual achievements, all 4-H club girls who have completed projects have taken part in achievement programs.

The trip to the Club Congress in Chicago may be counted as achievement days. This year seven boys and girls in Yuma County have won such trips and the Home Demonstration Agent is to act as a chaperone. The group leaves Yuma Friday morning, November twenty eighth and stops at Phoenix for a farewell luncheon with the rest of the Arizona delegation. In the afternoon the delegation of eighteen boards the train for Chicago.

Sub Project K—Recreation

This year and last year, 4-H club recreation received decided impetus. Particularly is this true for the older youth groups. Meetings have included a period for singing and for folk dances. In this, the Agent has acted as an assistant to the Assistant County Agricultural Agent, acting on occasions as accompanist, a song leader, and indirecting dances.

One cannot be a Home Demonstration Agent in one county without making many contacts that serve to stimulate community life, recreational and otherwise. Hence, many services have been rendered which, in themselves, may not warrant mention but which have altogether been a real positive factor.

E. OUTLOOK AND RECOMMENDATIONS

As in previous years, the outlook for Home Demonstration work in Yuma County seems to be one of comparative security because the things which the work has to offer are timely and needed in the operation of homes. The 4-H club program is integrating itself into the development of all Yuma County rural youth. With the adult program, there are requests for work meetings: meetings that will help in conservation of foods, clothing, home furnishings, and housing.

Yuma County is facing a period of rural expansion. To meet this, the Home Demonstration Agent must be well informed. As she sees it, the thing that will help most is a continuation of the "work shop" movement under the leadership of the State Staff. With the subject matter, thus given, at hand, the Agent feels that she is best adjusted to give the work on a county level.

Yuma 4-H's

Win Trips

Looking Forward to Chicago



These seven Yuma county boys and girls and their 4-H club leaders are looking forward this week to their all-expense trips to the national 4-H club congress in Chicago. The seven trip winners, accompanied by Miss Mariel Hopkins, leave Yuma Friday morning and expect to be gone a full week. In Phoenix Friday noon, they will attend a banquet in the Hotel Adams with other Arizona delegates. In the picture are, left to right, standing: Joan Cannon, Pete Segulja, Mabel Rohrbough, Miss Hopkins, Roy Nelson and Al Face, county leader. Seated are Mona Berry, Billie Simons and Billy Kryger.

ANNUAL REPORT

EVALYN A. BENTLEY
HOME DEMONSTRATION AGENT AT LARGE

PIMA COUNTY

July 1, 1947 to November 30, 1947

STATISTICAL REPORT FOR JULY 1 TO NOV. 30, 1947

Evalyn Bentley

	July	August	September	October	November	Total
Days in the Field.....	7	8	12	14	7	48
Days in the Office.....	12	18	13	12	16	71
Home Visits.....	9	4	12	9	5	39
Radio Talks.....	1	2	2	2	2	9
Telephone Calls.....	46	63	52	64	66	291
Letters Written.....	4	39	16	20	19	98
Meetings Attended.....	7	7	8	4	3	29
Attendance at Meetings....	21	25	184	174	155	559
Meetings of 4-H Club.....	-	1	1	1	2	5
Attendance at 4-H Club Meetings.....	-	12	10	8	(46 (10	86

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ORGANIZATION

In regard to the program of work for the new position of home demonstration agent at large, the agent held special conferences with Miss Jean Stewart, state leader. The office inventory was checked and the office work cleared for the new home demonstration agent, Madeline Barley. With Grace Ryan, we discussed plans for home management with the older girls, the Modern Minute Minders, who are to be a part of the responsibility of the agent. Conferences with Mr. McKee and Mrs. Agnes Krentz related to work with the older girls.

The annual report was given considerable time and also other phases of office work. In conference with various homemakers' officers, we tried to correct the membership and get a list of the newly elected officers.

The agent has also conferred with the County Nutrition Committee. They do not know how to proceed as the state chairman does not reply to letters.

The first days of September the agent worked some with Miss Madeline Barley and also attended homemakers' meetings in order to help her become acquainted. Conferences were held with Miss Stewart in regard to new phases of the work and also in regard to what we might do in preparing for the County Council.

MEETINGS

Recreation at Sunnyside

Mr. Ballantyne was requested by the leader of the Sunnyside Neighborhood Club to lead recreation on the evening of September 16. The agent's part was to help Mr. Ballantyne to acquaint himself with the situation which was a very difficult one. Peoples of all ages attended. There were 70 present, and most of them had no idea of how to play. However, it was a successful evening, and the group began to get acquainted.

Celebration of 25 Years of Extension Work for the Ft. Lowell Community

October 14, 1947

During September in preparation for the event, conferences were held with Mr. A. B. Ballantyne who had been asked by the president to conduct the recreational period. One conference of all workers who were helping to prepare the program was held in the home of Mrs. Jordan. We made an effort to find all the old-timers and to contact them by letter if possible so that messages might be received. Mrs. Lutie Wilson consented to act as toast-mistress.

Many conferences were held with Mrs. Jordan, Mrs. Bradley, Mr. Ballantyne, and Mrs. Wilson. Mr. Ballantyne met all the women who were especially interested, including Mrs. A. S. Bradley, Annie Dail, Mabel Knagge, Mrs. Reed, and Mrs. Dorothy Harold.

MEETINGS (Continued)

Celebration of 25 Years of Extension Work for the Ft. Lowell Community

October 14, 1947 (Continued)

The agent spent time looking through old records for happenings in the Ft. Lowell community from the beginning to the present. Our press clippings helped considerably. Although Ft. Lowell has kept a very good report of the work done, some of the books could not be located due to the fact that the member who had them in her care was in the East visiting. Special plans were made for the supper. The two suitcases for the game, "Going to New York," were prepared.

After the program was discussed and arranged, it was mimeographed in the county office. Mr. Ballantyne spent a lot of time in preparing for the games. Flowers for the leaders were provided. Corsages for all the past presidents were presented. All the talks given in regard to the past were discussed with the agent as to accuracy and as to whether or not they were suitable. The agent selected some special poems on homes, and homemakers and presented to Mrs. Jordan.

Mrs. Gertrude Post, the song leader, made a lot of preparation for the event, selected an accompanist, and the agent searched the county to find the music for some of the special songs requested.

The 75 people who attended the celebration at the A. F. Sylvester home proved they could arise to the occasion and have a good time. All in all, it was a very enjoyable occasion. The agent learned that if you want to make a success of the program you must have numerous planning meetings and be well prepared from every angle. To help with the publicity for this event, the Star made Mrs. Maude Jordan, The Woman of the Week, a feature for the Sunday paper.

FOOD AND PRESERVATION

Food Preservation--8/47, Pima County

Many questions on canning have been answered. Among these are how to make cactus jelly and preserves, how to can tomatoes, and the making of various kinds of pickles.

Problems in freezing meat, freezing figs, grapes, peaches, and also problems about canning figs, grapes, squash, and peaches. Questions were asked about drying figs and grapes. The common question, "Why do peaches turn dark?" was answered a number of times.

COUNTY COUNCIL - September 19

Since Miss Barley was to take over the work in Pima County September 1, the Agent sent out the letters calling the County Council together. Plans were made for the County Council Meeting of Homemakers which met Friday, September 19, 2:00 p.m., at the Y. W. C. A. Officers and leaders discussed the program

COUNTY COUNCIL - September 19 (Continued)

of work for the coming year and to meet the new home demonstration agent. Members were divided into groups in order to plan major projects in clothing, nutrition, and home management with a specialist meeting with each group.

WORK WITH OTHER AGENCIES

The agent attended a meeting of the Tucson Civic Group which works for phases of civic improvement especially in health conditions and also gave help for a special program. The agent held two conferences with the representative of the Blue Cross and was made fully acquainted with their program and method of procedure.

The agent has answered numerous telephone calls not relating to any definite project. Many telephone calls and office visits have been for the purpose of recollection rather than looking to the future.

Miss Lorene Edwards, leader of the Blue Cross Campaign, presented the Health and Hospitalization Plan as laid down by the Blue Cross to the Amphitheater group. They seemed to be very enthusiastic about it and eager to accept.

The agent visited the demonstration given by Miss Carbin on "Some Pressing Matters." This was given at Steinfeld's Department Store, Miss Carbin being a representative of the Butterick Pattern Company. The agent also visited a Stanley Products demonstration and attended one session of the Tucson Women's Club. The subject was "Books for the Home." Among those given, special emphasis was placed on "The Robe" and "The Herdsmen."

PUBLICITY

The agent prepared news stories for the press when requested and gave some special help for a farewell story in regard to the agent's work in Pima County.

The agent helped some with local publicity and made trips to collect press books in reply to a request from Miss Alta Mortensen. The agent also gave about one day's time to the Star as they requested some further publicity in regard to the work which the agent had done. Mrs. Bernice Couslich selected the work done from the very beginning when the agent began work in home economics among the Hopi Indians in Northern Arizona, which was the first home demonstration work done by the agent.

RADIO TALKS over K T U C

The agent gave nine radio talks during the period from July 10 to November 30, inclusive. All the talks stressed food and nutrition, or 4-H Club work. The November 24 broadcast introduced the 4-H Club Chicago trip winners.

4-H CLUB WORK

During July and August, some work was done for 4-H Club organization through conferences with Mrs. Itzweire, Mrs. King, Mrs. Wilson, Mrs. Barr, and Mrs. Barker. The agent also received word from former 4-H Club members, Pauline Bonnelly and Mary Welch, both married, and Gloria Apodoca, a nurse in the Pacific Islands area.

Miss Abel brought two Mexican girls to the office so they might get some information in regard to extension work which might be carried on in their home country.

Modern Minute Minders

These girls met without a leader during the summer. The agent helped them to plan their first meeting for September. While they think they have not done very much, they really have accomplished considerable along the line of home management. Lela Davidson is working on her own room trying to make it more attractive. She is making drapes and cushions. Charlotte Thurston has completed her closet. Some of the other girls have done a large amount of sewing, general housework, and some canning. They plan to continue and go on with other projects in home management throughout the coming year. They meet once each month.

State and County Winners

Charlotte Thurston won the state award in Better Farm and Home Methods and the national award, a scholarship of \$200. County winners were:

Canning - Adrienne Rubin
Clothing - Carol Jean Adams
Best Record - Lela Davidson

4-H Club Party for Chicago Trip Winners - November 22

Leaders, 4-H Club members, University of Arizona Extension Service workers, Home Economics staff, parents and friends met at the home of the home demonstration agent at large to honor the winner in home economics, Charlotte Thurston, and Dorothy Meickle, poultry winner. Those who could not attend sent congratulations. The Modern Minute Minders Home Management Club was the hostess group. The president, Lela Davidson, presented corsages to the guests of honor, and Evangeline Urquides, former leader at Sopori, led the group in singing and also gave some vocal solos. The club charter was presented by Kenneth McKee, the Danforth award to Lela Davidson was presented by home demonstration agent at large. Each club presented a program number or led a game. The Star photographer took pictures of the group and the pleasant afternoon closed with refreshments of cake and fruit punch. Forty-six attended.

This was the most enjoyable 4-H party ever given by the agent, the first one was in honor of the San Xavier 4-H Club sweepstakes winners at the State Fair in 1924. Others followed for Chicago trip and county winners.

4-H'er Charlotte Thurston Is Feted



Charlotte Thurston, leading 4-H girl in the state of Arizona, was guest of honor recently at a party given by Miss Evalyn Bentley. More than 70 members and leaders of 4-H attended to honor Miss Thurston who will enter the University of Arizona next fall. She is wearing a dress in the photograph made as part of her 4-H club work. Her special project under the home management classification for the past year was clothing storage and arrangement. (Photo by Sam Levitz.)

Tucson Girl Wins Award

Charlotte Thurston, 17-year-old 4-H club member of Tucson, was one of six teen-age "efficiency experts" judged best of 41 state winners in a nation-wide contest sponsored by the Westinghouse Educational Foundation.

These winners were awarded \$200 scholarships by Westinghouse as national champions in the 4-H better methods electric contest at a Tuesday dinner meeting in Chicago, which was part of the program of the National 4-H club congress now in session there.

F. T. Whiting, Chicago, vice-president of the Westinghouse Electric corporation, presided at the dinner. Guests included the 41 state winners who received free trips to Chicago for the occasion, state 4-H leaders and executives of cooperating organizations.

A. W. Robertson, chairman of the board of directors of the Westinghouse corporation, presented awards to the youthful champions, pointing out that the awards brought to 63 the total number of scholarships presented in 12 years. He informed the winners that "Westinghouse has been awarding scholarships to deserving and talented people for 29 years to promote science and education. It is our hope that such awards will help stimulate you to do your best in all things."

Miss Thurston was chosen for her efficiency because she helped solve her large family's "morning rush" problem by doing a "time and motion study" of her dressing activities. She saved 47 hours in a year.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Arizona
Third Floor Court House
Tucson

University of Arizona
College of Agriculture
U.S. Department of Agriculture
And Pima County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

Dear 4-H Club Leader and Members:

You are invited to attend a 4-H Club party in honor of Charlotte Thurston, a Chicago trip winner in girls' 4-H Home Economics Club Activities.

We feel that we should give some special attention to her, so we are inviting you to attend a party in her honor which will be given at Evalyn Bentley's home, 1220 North Euclid Avenue, on Saturday afternoon, November 22, from 2:30 to 5:00 p.m. We would like to have each of the girls' clubs make some contribution for the entertainment of all so will you please plan on about five minutes of entertainment which may be:

Instrumental or Vocal Music
Leading Group Singing
Tell a Story or a Good Joke
Lead a Short Game

We will appreciate a reply on the enclosed card. Please mail so we will receive it before November 18. Be sure that you send your card back to Miss Bentley, 1220 North Euclid Avenue.

Cordially yours,

Evalyn G. Bentley
Evalyn G. Bentley
Home Demonstration Agent At Large

Madeline Barley
Madeline Barley
Home Demonstration Agent

:lms.
Encl.

P R O G R A M

Celebrating Twenty-Five Years of Extension Work in the Ft. Lowell
Community -- A. F. Sylvester home, 2130 North Maple Boulevard,
October 14, 1947, 5:30 p.m.

Picnic Supper

Mrs. Lutie Wilson, Toastmistress

(Ten minute intermission to pick up dishes and play "Going to New York")

After Supper Program

Mrs. Kenneth Harold, President of Ft. Lowell Homemakers' Club, Presiding

Song: "To the Work, To the Work"

To the work! To the work! We are servants of God,
Let us follow the path that our Master has trod;
With the balm of His counsel our strength to renew,
Let us do with your might what our hands find to do.

Chorus:

Toiling on, toiling on, toiling on, toiling on,
Let us hope and trust, let us watch and pray,
And labor till the Master comes.

Devotionals: Mrs. W. J. Lusby

Past Presidents Presented: Maud Jordon (Mrs. Frank W.)
Flora Brown (Mrs. Lee)
Minta Lusby (Mrs. W. J.)
Ann Sylvester (Mrs. A. F.)
Mary Oncley (Mrs. C. H.)
Ruth Hyatt (Mrs. Bert)
Zerelle Bradley (Mrs. A. S.)
Annie Dail (Mrs. R. F.)
Edith Sorensen (Mrs. A.)
Virginia Flannagan (Mrs. John)
Dorothy Harold (Mrs. Kenneth)

Song: "Long, Long Ago" (page 22)

Reminiscences: Mrs. Maud Jordon
Mrs. Lutie Wilson

Fire Prevention Skit

Games Directed by Mr. A. B. Ballantyne

Singspiration: In Memory of the Good Old Days. Songs selected by Mrs. Jordon

Song Leader: Gertrude N. Post (Mrs. O. K.)

Songs: America, p. 13
Old Folks at Home, p. 11
Old Black Joe, p. 7
Battle Hymn of the Republic, p. 9
Old Kentucky Home, p. 8
Dixie Land, p. 14
Home Sweet Home, p. 21
Auld Lang Syne, p. 3